Feelings ABCD

not	ashamed, humiliated	afraid, anxious	affectionate, loving	angry, mad
a little	bad	beautiful, nice	betrayed	comfortable
very	crazy	cranky, irritable	cruel, mean	confused
opposite of	cold hearted	concerned, worried	disappointed, sad	depressed, despair
dirty, used	difficult, hard	devalued, worthless	dead, empty, numb	disgusting
turn the page				turn the page