Emotional Abuse

emotional abuse	humiliate	laugh	yell	say mean things
pressure, force	threaten	control	argue, fight	silent treatment
not cooperate	tell lies	talk behind back	tell people	isolated
not letting me communicate	head games, crazy-making	blaming, guilting	impatient, not giving time	invasion of privacy
opening and reading mail	censoring mail	denial of visitors		
turn the page				turn the page