**BIO-PSYCHO-SOCIAL MODEL FORMULATION GRID** – when challenging behaviours persist, this grid may help clarify the areas that need to be explored and find potential approaches to address the behaviour effectively.

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|  🡻 🡺🡺🡺🡺 🡻 🡻 🡻  | Biological: medical, psychiatric, genetic, medication, syndromes | Psychological: current psychological features, skill deficits emotional, cognitive, behavioural issues | Social: early childhood experiences informal & formal supports, family, social experiences |
| Predisposing: what from this person’s past may have led to this problem? What is their history? |  |  |  |
| Precipitating: What might be contributing to this problem? Why is it coming up now? |  |  |  |
| Perpetuating: What is happening that keeps the challenging behaviour going? What prolongs it? |  |  |  |
| Protective: what are this person’s strengths? |  |  |  |