

## Antecedent Behaviour Consequence Recording Chart

Record any of the target behaviours that are observed. Please include additional observations or comments if relevant.  
ABC data provides information about the context of behaviours when they happen.

| DATE/<br>TIME                 | SETTING<br>EVENTS   | ANTECEDENTS/TRIGGERS<br>Immediately before the behaviour<br>occurred  | BEHAVIOURS<br>What did they do (action)  | CONSEQUENCES/OUTCOME<br>Immediately after the behaviour  | Behaviour change?   |
|-------------------------------|---|---|--|--|---|
| Time:<br><br>_____<br>am / pm | <input type="checkbox"/> Hungry<br><input type="checkbox"/> Tired<br><input type="checkbox"/> New person<br><input type="checkbox"/> Sick<br><input type="checkbox"/> Loud enviro.<br><input type="checkbox"/> Weather<br><input type="checkbox"/> Other: | People present:<br><br>Where: _____<br><input type="checkbox"/> Told "no"<br><input type="checkbox"/> Denied a preferred activity<br><input type="checkbox"/> Denied an item<br><input type="checkbox"/> Was interrupted when doing a preferred activity? _____<br><input type="checkbox"/> Asked to do something<br>What did you say?<br>_____<br><input type="checkbox"/> Not getting attention from someone<br><input type="checkbox"/> During a transition<br><input type="checkbox"/> While alone<br><input type="checkbox"/> Out of the blue<br><input type="checkbox"/> Other:<br>_____<br>Comments: | Towards: staff / peer/ self<br><br><input type="checkbox"/> Yelling<br><input type="checkbox"/> Aggression toward other.<br>Type: _____<br><input type="checkbox"/> Scratched self<br><input type="checkbox"/> Pinching self<br><input type="checkbox"/> Biting own wrist (attempt / succeed)<br><input type="checkbox"/> Other:<br>_____<br>How long did it last?<br>_____sec/ minutes<br><br>How intense was it?<br><br>1   2   3   4   5<br>Low                      High | <input type="checkbox"/> Comfort provided (physically , verbally)<br>What did you say/do:<br>_____<br><br><input type="checkbox"/> Ignored (no response during behaviour)<br><input type="checkbox"/> Reprimanded them<br>_____<br><input type="checkbox"/> Asked them to do something else:<br>_____<br><input type="checkbox"/> Gave them preferred item or access:<br>_____<br><input type="checkbox"/> Took something away:<br>_____<br><input type="checkbox"/> Redirected (verbally, physically):<br>_____<br><input type="checkbox"/> Removed demand or expectation (explain): _____<br><input type="checkbox"/> Other: | The behaviour:<br><br><input type="checkbox"/> Stopped<br><input type="checkbox"/> Decreased<br><input type="checkbox"/> Increased<br><input type="checkbox"/> No change<br><br>Why do you think he did it?<br><input type="checkbox"/> Get attention<br><input type="checkbox"/> Escape something<br><input type="checkbox"/> Delay something<br><input type="checkbox"/> To get an item/activity<br><input type="checkbox"/> For sensory input<br><input type="checkbox"/> Unsure |

  = Can change (add/alter/remove) the behaviours listed here to match the person.

Best to break them down as much as possible (i.e. slapping other person vs. physical aggression) or (making verbal threats vs. verbal aggression)