



SOUTHERN NETWORK
OF SPECIALIZED CARE

Annual Report

2013-2014

"Working together to improve lives."

Coordinate Specialized Service System

Community Relationships

Provincial Partnerships

- CAMH, George Brown College, Central Network & Eastern Network– Training in Partnership Program
 - The SNSC provided TIP Trainers for the Initial launch of the TIP Program in the Eastern Network
- Central West Network – Trauma Initiative
- FASD ONE – active member – member of Justice working group
- NADD International – co-authoring a Train the Trainer manual on Dual Diagnosis for Clinicians and Direct Support Professionals – featured at June 2014 NADD International Conference in Miami – brought Canadian and Ontario research and prospective to the project

Regional Partnerships

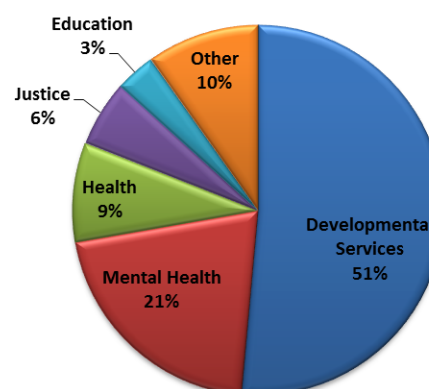
- LHIN 4 HSJCC regional committee – paid for additional printing of the SNSC's 3rd Edition of Special Needs Offender Manual
- SW HSJCCC regional committee
- LHIN 4; Erie St. Claire LHIN; & SW LHIN – Members of SNSC Advisory Committee
- Erie St. Claire Health Links Community Tables – Health Care Facilitator member
- SW Health Links Community Tables – Health Care Facilitator member
- LHIN 4 Health Links Community Tables – Health Care Facilitator member

- Department of Developmental Disabilities, Western University in London

Local Partnerships

- Mental Health & Addictions Network Tables
- Developmental Services Planning Tables
- LSDN & DDC have representation from Developmental Services, Mental Health, Health sectors and all but 2 have Justice sector representation and 3 seeking Education representation
- 10 Southern Network Local Services Delivery Networks and Dual Diagnosis Committees - All 10 LSDN & DDC have their work plans posted on the CNSC website and goals are aligned with SNSC Strategic Plan

Sector Representation at SNSC Planning Tables



Southern CNSC Activity Highlights 2013-2014

Collaborative Community Projects

Haldimand Norfolk

- Decision by local community partners not to have a LSDN or DDC table but SNSC Regional Facilitator continued to work on project specific work in the community for Dual Diagnosis across sectors
- Updating and re-implementing crisis protocols and plans
- First year of a three year Trillium project on Aging and Developmental Disabilities to develop capacity to support seniors with developmental disabilities in Long Term Care settings – SNSC community partner assisting in curriculum development and evaluation

Niagara

- Bethesda/CMHA Niagara Safe Bed project is undergoing an evaluation process
- Two Memorandums of Understanding under development between the Developmental Services sector and Niagara Health System:
 - One focuses on ER visits and improving communication; better sharing of patient information; development of a toolkit
 - Second MoU is between the DS Sector and the Mental Health Unit at NHS with focus on joint capacity development; early discharge planning; and collaborative agreements looking at in-unit staff supports. **The Regional SNSC Facilitator has been able to successfully plan and implement two planned admissions to NHS for Psychiatric Assessments from January to March 2014.**

Hamilton

- Work continues on improving communication between the Hospitals and Developmental Services Sector – SNSC facilitating discussions between these two sectors
 - Facilitated partnership between Hamilton Brant Behaviour Services and Barrett Centre to replicate Safe Bed project in Hamilton – Crisis bed available through Barrett Centre with behavioural

supports through HBBS

- Revised Crisis Plan/Protocol launch to community on November 20, 2013 with 70 community partners attending
- Planning community education event on Trauma for June 2014
- Development of a Service Map for people with Dual Diagnosis

Brant

- Revision of the community Crisis/Safety Plan for people with Dual Diagnosis – Workshop held in January 2014 to finalize the Safety Plan with over 80 people in attendance – link made to Laurier University researchers at this meeting



TRI-County

- Planning for a Trauma conference planned for June 2014

Windsor/Essex

- Review and revisions continue on the Emergency binder project ensuring information and content is current

Chatham/Kent

- Published Service Pathway document for people with Dual Diagnosis and distributed to community agencies

Sarnia/Lambton

- Published Service Pathway document for people with Dual Diagnosis and distributed to community agencies

Southern CNSC Activity Highlights 2013-2014

- Major concern over loss of psychiatric consultation for people with Dual Diagnosis – consultations with Erie St. Clair LHIN and Blue Water Health to address community needs
- Training on Dual Diagnosis and FASD to Sarnia Police Services over a 9 week period with 112 police attending

London/Middlesex

- Working with HSJCC to train police regarding Special Needs Offenders
- Exploring options for safe/supportive housing for people with a developmental disability who live independently and semi-independently
- Ongoing community training regarding border-line personality and developmental disabilities

Elgin/Oxford

- Developing better and consistent relationship with

CCAC

- Discussions regarding possibility of Dual Diagnosis crisis bed in Oxford County

Grey/Bruce

- Continuing to explore issues and solutions regarding transitional aged youth – working on a revised protocol between sectors
- Issues and continued discussion regarding aging DD population transition into Long Term Care Homes & support by CCAC
- Exploring possibility of replicating the Safety Bed program in Grey Bruce – discussions with Regional Support Associates and CMHA Grey Bruce

Huron/Perth

- Aging and people with DD has been identified as an issue – joint training session has been planned for all sectors in June 2014

Enhance Specialized Services Delivery

Incorporating Best Practices

In May 2013, Dr. Brian Iwata, Ph.D. in Psychology from Florida State University, for a provincial two-day conference of Specialized Accommodation providers focussing on Functional Analysis and Treatment of Severe Problem Behaviour. A third day was planned for the Southern Network clinicians to present cases and consult with Dr. Iwata. Special thanks to the South West and Hamilton Niagara regional offices for helping to fund this event.

In March 2014, Lara Paley, an internationally recognized expert on Trauma and people with ID/DD provided training to the clinical and behavioural providers in the Southern Network region.

Behaviour Clinical Rounds (Quarterly meeting of Behaviour providers in Southern Network Region)

Trauma Initiative

- Regional working group of clinicians continued col-



laboration on the Trauma Initiative

- Initiative directed by a working group which membership includes: Regional Support Associates, RMHC-London, DDP, HBBS, RMHC-Hamilton, Bethesda Services, SNSC and a variety of sexual assault, women's shelters, community mental health, and developmental services agencies

Southern CNSC Activity Highlights 2013-2014

Train and Build Capacity

Training

Trauma Initiative

- Providing free training for cross sector professionals and direct support professionals
- Augmenting resources/tools and best-practice techniques to support and improve interventions for people with ID/DD
- Presenting at provincial conferences – presented at the Provincial Mental Health and Addictions conference and provincial Vicarious Trauma conference – first time for both conferences that the DS sector presented

Training in Partnership

Two sessions were held:

- Niagara – started in January 2013 with 22 participants
- Wallaceburg – Started in November 2013 in the Tri-county area; there were 20 participants from mental health and developmental service but also included 2 participants from the justice sector. What participants said...

I liked... "the opportunity to network and learn from other service providers:

I learned... "how to better utilize differ agencies/ processes in my area to better support people"

I still need to know... "how to use Appreciative Inquiry on a regular basis – takes practice"

FASD Neuro-behavioural Model

- SNSC Regional Facilitator received training and certification from FASCETS in Portland, Oregon by the creator of the model, Diane Malbin in the Neuro-behavioural model. The NB model is considered emerging best practise for supporting people with FASD. Funding was in partnership with the DDD at Western University. Facilitator has undergone a year of mentoring and has become a certified trainer.
- Training took place to cross sector providers in the London community and another training is scheduled in Niagara in the fall of 2014; Training was also provided to Hamilton Brant Behaviour Services and a parent group in Haldimand Norfolk

Videoconferencing: Year in Review (2013-2014)

During the 2013-2014 Fiscal Year the Southern Network of Specialized Care participated in numerous clinical, educational, and administrative videoconference (VC) sessions.

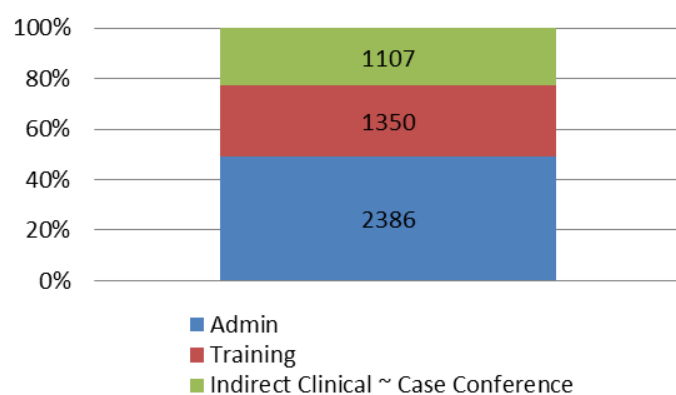
From an administrative standpoint, the Southern Network was able to assist in the facilitation of meetings regarding different research projects throughout the South and provincially including but not limited to:

- SW HSJCC Court Support Evaluation FASD Research
- SNSC Research Committee
- Collaborative Evaluation & Tools
- Network Collaboration & Research
- New Horizons Grant Committee

In the Southern Region there are currently three Specialized Clinical Service Providers, Bethesda, Hamilton Brant Be-

haviour Services and Regional Support Associates. During 2013-2014, these specialized providers were able to provide 999 client related VC sessions (568 planning and 431 clinical) to clients residing in different communities across the Southern Region.

DSVC Planning Hours 2013-2014 4843 Hours

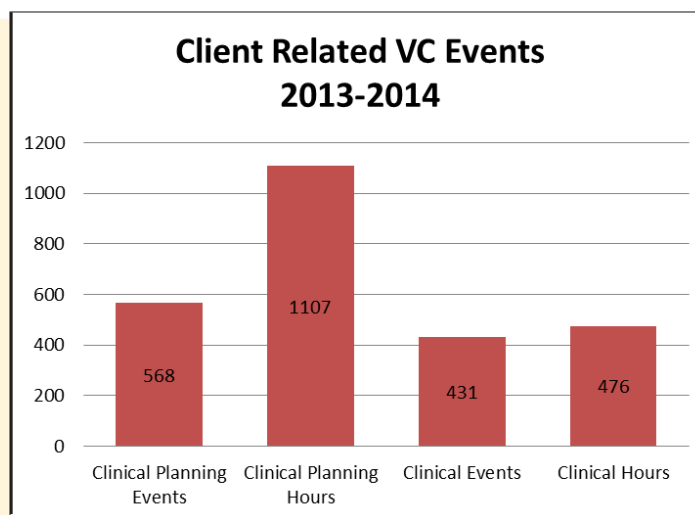


Southern CNSC Activity Highlights 2013-2014

In term of hours the SNSC Specialized Clinical service providers were able to provide a total of 1583 hours (1107 planning hours and 476 clinical) hours) of client related services.

Planning Sessions include those meetings between specialized clinical service provider team members (planning/ treatment meetings, clinical supervision, etc.).

Clinical sessions include one-to-one client to service provider consults, multi-site & multi-disciplinary consultations with the client involved in the session.



This fiscal year has also lent its hand to some exciting training opportunities for various clinical disciplines throughout the Southern Region including the SNSC Behaviour Clinical rounds offered to behaviour staff of the specialized service providers in the South on a quarterly basis. There was also a continuation of the large compliment of VC training sessions geared to-

wards direct support professionals including 31 province wide sessions hosted by the Community Networks of Specialized Care. Through all of these initiatives plus various inter-regional sessions 2500 participants within the Southern Region were able to engage in some form of educational program either through direct VC connection or webcast access.

Training Resources Shared

Resource	# Shared with Cross-Sector Partner
TAY Toolkit	118
Dual Diagnosis Resource Manual	158
Special Needs Offender Manual	350
Intellectual Diagnosis & Problems in Sexual Behaviour	1
Best Practice Mode for Specialized Accommodation	2
Training Calendar	1850
Other: Education, Conference Info, Newsletter, etc.	1300

Research, Evaluation, and Knowledge Translation

In 2013 – 2014, six research projects were funded and supported by the SNSC and the Research Facilitator:

- Windsor Essex Emergency Binder evaluation – reviewing recommendations & implementation plan developed
- University of Windsor – ID/DD and fine motor skills development “The impact of Motor Skill Training on Eye-Hand Coordination for Persons with ID” – completed and moving forward with journal submission
- University of Windsor – Resiliency in aging parents

of “at home” adult children – completed and moving forward with journal submission – presentation at International Social Work conference in Australia Summer 2014

- Niagara project by two Occupational Therapist researchers to examine issues/strengths and the gaps/barriers in the ID/DD Youth in Transition community in the Niagara region. Study has been completed and results being presented at the World Federation of Occupational

Southern CNSC Activity Highlights 2013-2014

Therapists in Australia in the summer of 2014.

- Grey Bruce and Surrey Place Centre FASD research project – survey completed and results presented at Provincial HSJCC and OADD conferences
- The Southern Network undertook a region wide “Gaps, Barriers, Strengths and Solutions” research project which will strengthen local dual diagnosis planning tables in the region. Data was collected and analyzed in Spring 2013 with a Knowledge Translation roll out in Fall 2013. Local LSDN & DDC tables are currently looking at results. Some areas had low participation so a revised survey will be created and distributed to these areas in Spring 2014.

In 2013/2014, the SNSC funded several Knowledge Translation and Exchange Projects:

- Annual Research Forum was held on September 23, 2014 with Dr. Rosemary Condillac from Brock University as the keynote speaker. She facilitated a capacity-oriented session on aspects of longitudinal and cross-sectional research that helped participants understand the finding and research process involved in the Facilities Research project that was funded in 2010 by MCSS. The rest of the Forum highlighted the projects funded by the SNSC that are underway and evolving in the community. There were 68 participants including a lawyer who is on our Research Ethics Committee.
- Research Digest had two publications this year:
 - Research regarding visits to the Emergency Room across several Ontario-based hospitals by people who have ID/DD and featuring the work of Dr. Yona Lunskey, Associate Professor at the University of Toronto in the Department of Psychiatry
 - Quality Assurance Measures as they relate to Behaviour Support Plans. It was distributed provincially and within the Southern Network to over 1,100 stakeholders.

Knowledge Translation and Exchange Activities for 2013 - 2014

- Research Facilitator and Coordinator received certification as Knowledge Translation Professionals from

University of Toronto Faculty of Medicine through SickKids Learning Institute in November 2013. Funding was provided by Western University Department of Developmental Disabilities

- LHIN 4 Court Support Evaluation results were shared at all four local HSJCC planning tables by the SN Research Facilitator to assist with pulling outcomes into work plan items for each table
- Presentation of LHIN 4 Court Support Evaluation by SN Research Facilitator at the Provincial HSJCC conference in November 2013
- Grey Bruce & Surrey Place Centre FASD research project presented by the SN Research Facilitator and the SN Regional Facilitator for Grey Bruce at the Provincial HSJCC Conference in November and the OADD Conference in April 2014



The SNSC Research Facilitator has been supporting other community based research and evaluation projects in 2013 - 2014 which have included:

- LHIN 4 HSJCC Court Support Program Evaluation - opportunities for relationship building, consulting support around the “regional meaning” and “where to from here” within each regional CMHA; Project was selected for showcasing at the Provincial HSJCC Conference – November 2013
- DDJCM Evaluation (part of above)
- DDJCM Study – data collection/common template for data collection Project
- SW HSJCC Court Support Program Evaluation
- Regional Support Associates – new program imple-

Southern CNSC Activity Highlights 2013-2014

- mentation – formative evaluation
- Health Care Costs to DS Sector (regional) analysis – Bethesda
- VON DS Hamilton Adult Day Program Evaluation
- Haldimand & Norfolk (OTF) Local Champion on Aging and Alzheimer's Issues
- Hamilton DS New Horizon's Project
- FASD ONE Justice Committee research
- Grey Bruce FASD Police Study project
- SNSC-lead Trauma Committee Evaluation Projects
- Niagara Region – (Safe Beds) Evaluation Project
- Niagara Region – Staff Exchange Evaluation Project
- HBBS-Barrett Centre Evaluation Project

Building Health Care Capacity

	Q1	Q2	Q3	Q4	2013-2014 Actuals	2013-2014 Targets
1. DSTRINE#	338	471	150	655	1614	500
2. DSTRINF#	30	62	10	48	150	25
3. DSTRARECE#	173	379	100	158	810	500
4. DSTRARECF#	30	62	10	12	1114	25
5. DSPRACTE#	35	52	50	48	190	250
6. PRACTF#	15	10	5	0	30	25

Table legend:

1. Training Hours to Health Care Providers English
2. Training Hours to Health Care Providers French
3. Training Recipients Health Care Providers English
4. Training Recipients Health Care Providers French
5. Health Care Practitioners willing to work with people who have Dev Dis English
6. Health Care Practitioners willing to work with people who have Dev Dis French

VARIANCE REPORT

The 1.0 FTE Health Care Facilitator position in the South West had been vacant from August 2013 to March 2014 due to employee movement within Regional Support Associates. Recruitment has been successful as of May 2014.



Southern CNSC Activity Highlights 2013-2014

Other Health Care Facility Activities

Health Care Facilitator co-presented with Family Doctor and manager from DS agency at the Health and Wellbeing conference in Toronto in November 2013. They lead a session entitled “Community Engagements that Enable Effective Partnerships to Proactive Health Care Practices for people with Developmental Disabilities”.

The Hamilton Niagara Health Care Facilitator is a member of a health care promotion project for Seniors in the Hamilton area. They were able to develop a video education series called “Community: A Place of Belonging” which helps educate the Long Term Care field in supporting Seniors with DD/ID in the community. This project received funding from the New Horizons for Seniors Program.

In Haldimand Norfolk region, the Health Care Facilitator was one of three organizers for a two-day conference for Developmental Service providers on Aging. The Health Care Facilitators have focused training on Health Care Practitioners; Developmental Social Services; Family Members; Individuals; Health Care Students and Developmental Social Service Students. During this fiscal year, 701 Developmental Services Professionals and 64 DS Students received 1,825 and 118 hours respectively of best primary health care practises. In addition, 24 Justice professionals received 48 hours of primary health care best practises

training. Training in primary health care was also given to 146 self-advocates and to 55 family members. A research study was also developed and implemented on self-advocates health care experiences and advice to health care students. This involved 30 individuals and 10 family members.

The Southern Network has also been a partner with Dr. Kerry Boyd, Bethesda, and McMaster University School of Family Medicine to develop a “Curriculum of Caring” which received Associated Medical Services’ Phoenix Grant funding. The Health Care Facilitator assisted the project by soliciting information about self-advocates health care experiences. Seven Focus groups were held with 22 participants and 8 family members. This study will be used in a broader information gathering strategy and adopted for use in a caregiver survey. Strategy to solicit information from health care providers is currently being developed. The Southern Network also provided a grant to enable provincial input into the project. For more information, please follow the link below:

http://machealth.ca/programs/curriculum_of_caring/default.aspx and http://www.youtube.com/watch?v=Z_kYNkfb0Rk

For Further Information:

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