

# **COMMUNITY NETWORKS OF SPECIALIZED CARE (CNSC)**

## **VIDEOCONFERENCE EDUCATION SESSIONS 2013**

\*Newly developed sessions will be added and promoted regularly

Roster updated: May 14th, 2013

- SESSIONS ARE FREE -

<u>To Access VC Handouts and the Event Calendar</u>: Go to <u>www.community-networks.ca</u>. Click on the Videoconferencing tab and then select VC Handouts, at left, for a full roster of session materials.

## \*New Webcast Folder on OTN website for CNSC recorded sessions\*

- 1. To Access Webcasts, go to the Ontario Telemedicine Network Webcasting Centre: <a href="http://webcast.otn.ca/">http://webcast.otn.ca/</a>
- 2. To view a LIVE session, choose LIVE Events (Private). Input <u>Username</u>: cnsc1; <u>Password</u>: network1. To view, select and click on particular session title. To view ARCHIVED session, choose ARCHIVED Events (Private), inserting same username and password. Select session from the list of titles.
- 3. To view ARCHIVED webcasts broadcast prior to 2013 choose ARCHIVED Events (Public) and search by date/title. Sessions are archived on the OTN website for up to one year.

## **MAY 2013**

### MAKING CENTS OF HEALTHY EATING: EAT WELL BUT PAY LESS + THE NUTRITION MODULE INFO

This is a comprehensive presentation covering off diabetes management techniques as it pertains to meal planning, food preparation, nutrition and grocery lists. <u>Target Audience</u>: People with diabetes, family members, cooking staff and support staff.

Date: Fri, May 31, 2013

Time: 12:00 PM - 1:30 PM EDT (11:00 AM - 12:30 PM CDT)

Presenter(s): Lucy Florio

**Host:** Central Community Network of Specialized Care

OTN Self-scheduling: <a href="https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27514554">https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27514554</a>

#### **JUNE 2013**

#### TEACHING UNDERSTANDING & ACCEPTANCE OF AN ASD DIAGNOSIS

Knowing you are different but not understanding why can create an enormous amount of stress n an individual. This workshop will examine the why, when, and how individuals on the spectrum should be educated about their ASD diagnosis. Self-advocacy will also be discussed.

Date: June 19<sup>th</sup>, 2013 Time: 9:00 – 3:30

Presenter: Margaret Hildebrandt

Host: Central Community Networks of Specialized Care

**OTN Self-scheduling:** Part 1 - https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27740475

Part 2 - https://schedule.otn.ca/tsm/portal/nonclinical/details.do?reguest.reguestId=27740505

## **JULY 2013**

## ETHICAL CONSIDERATIONS IN PROGRAM EVALUATIONS VERUS RESEARCH

Quality assurance, program evaluation and research have much in common. They all share a rigorous approach to methodology in terms of design, procedure, analysis and interpretation of data. However, it can be difficult to determine when program evaluation and quality assurance 'cross the line' and require review of the REB. Several key questions will help you to evaluate when your project falls under the TCPS2!

Date: Fri, July 12, 2013

Time: 10:00 AM - 12:00 PM EDT (9:00 AM - 11:00 AM CDT)

Presenter(s): Dr. Denise Grafton

**Host:** Southern Network of Specialized Care

OTN Self-scheduling: <a href="https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27142888">https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27142888</a>

#### SEPTEMBER 2013

#### **UNDERSTANDING PSYCHOSIS IN INVIDVIDUALS WITH INTELECTUAL DISABILITIES**

Still waiting for description

Date: September 27<sup>th</sup>, 2013

Time: 9:00 – 12:30

Presenter: Dr. Melanie Kelly – Regional Support Associates

**Host:** Southern Network of Specialized Care

OTN Self-Scheduling: <a href="https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27913976">https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27913976</a>

**NEW** 

#### OCTOBER 2013

#### **VICARIOUS TRAUMA AND COMPASSION FATIGUE**

As trauma helpers we are exposed to our clients' trauma material on a regular basis. A conceivable result of this work is vicarious traumatization. The changes experienced by the trauma helpers parallel those experienced by trauma survivors. Vicarious traumatization (VT) may result from working directly with trauma survivors or perpetrators of violence, or indirectly through exposure to graphic descriptions of violence or victimization, in supervision, sessions, readings or professional presentations (Pearlman, 1993). VT may be considered an occupational hazard – a consequence of empathy, and trauma helpers may begin to view the world through a trauma lens. This workshop focuses on developing a protective layer of self-care while remaining emotionally available to clients.

Date: October 18<sup>th</sup>, 2013 Time: 9:00 – 12:00

Presenter: Cheryl Green, MSW, RSW – CMHA Kenora

Amanda Brennan, Mental Health Therapist, EMDR - CMHA Kenora

**Host:** Southern Network of Specialized Care

OTN Self-Scheduling: <a href="https://schedule.otn.ca/tsm/portal/nonclinical/details.do?reguest.reguestId=27916030">https://schedule.otn.ca/tsm/portal/nonclinical/details.do?reguest.reguestId=27916030</a>

## **NOVEMBER 2013**

### WHEN TRAUMA HAPPENS AT WORK - Consequences and Interventions

This web conference will focus on the potential exposures to trauma that staff may encounter in their work with individuals with intellectual and developmental disabilities. One major theme will revolve around working with challenging behaviours including aggression. The spectrum of consequences staff may experience ranging from brief reactions to burnout to more serious mental health problems will be discussed. Interventions and treatment approaches will also be reviewed at the individual and organizational levels reference to research carried out by the presenters in Ontario's workers will be made throughout the presentation.

Date: November 15<sup>th</sup>, 2013

Time: 10:00 – 12:30

Presenter: Jennifer Hensel, M.D., MSc and Yona Lunsky, C. Psych., Ph.D

**Host:** Southern Network of Specialized Care

**OTN Self-Scheduling:** To be confirmed

**NEW** 

**NEW**