

Southern Community Network of Specialized Care
invite you to participate in an education and training opportunity * via Videoconference
(VC) *

DBT – Adapted for Persons with Intellectual Disabilities

PRESENTER BIO

Jo-Anne Kens:

Jo-Anne is a Behaviour Consultant with Hamilton Brant Behaviour Services. She has a bachelor Degree in Social Sciences from McMaster University and continues her professional development related to dual diagnosis and applied behavioural analysis. Jo-Anne has a particular interest in Dialectical Behaviour Therapy, Mindfulness and Motivational Interviewing. In her current role, she provides behaviour consultation to adults with intellectual disabilities who exhibit problem behaviours and may also experience mental health issues.

OBJECTIVES

Dialectical Behaviour Therapy (DBT) is a skills based program developed by Marsha Linehan which has been shown as an effective intervention for individuals with significant emotional and behavioural dysregulation. The presentation will provide a brief overview of DBT followed by a review of the adapted DBT program delivered through Hamilton Brant Behavior Services. This presentation includes examples of Materials used in adapting this skills based program

Target Audience:

This workshop will be of interest to clinical providers considering incorporating DBT into their clinical toolbox, direct support professionals looking to enhance their professional knowledge.

December 3rd, 2015 (10:00 – 12:30)

Also available via LIVE Webcast ~ session to be Archived.

Go to <http://webcast.otn.ca/>, Private Events: login with username=cnsc1 and password=network1

To register, please contact your Telemedicine Coordinator or local Community Networks of Specialized Care location.

Central Ontario Network of Specialized Care: Tony Gougeon, (705) 526-0311 ext. 355 tgougeon@clhmidland.on.ca

Eastern Ontario Network of Specialized Care: Pete Fowler (613) 548-4417, ext. 1107 pete.fowler@ongwanada.com

Northern Ontario Network of Specialized Care: Rosanne Stein, (705) 645-7478 ext. 3221 rstein@handstfhn.ca

Southern Ontario Network of Specialized Care: Karen Araujo 1-800-640-4108 ext. 7215 karaujo@wgh.on.ca

Telemedicine Coordinators, please self-register at

<https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=49772436>