



BUILDING CAPACITY: FOSTERING UNITY 2012-2013 Videoconference Workshop Series

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The Southern Network is pleased to present the 2012/2013 **BUILDING CAPACITY: Fostering Unity** videoconference workshop series. This multi disciplinary videoconference series focuses on topics related to building community capacity and enhancing the quality of lives of individuals with a dual diagnosis.

The Southern Network of Specialized Care (SNSC) is offering a broad yet integrated range of educational programs for direct support professionals and managers.

We are once again pleased to offer presentations that involve a multi-regional component, where presenters will represent one or all of the 3 Specialized Service Providers in the South region: Hamilton Brant Behaviour Services, Bethesda, and Regional Support Associates.

Presentations in this series may be Webcast events both live and archived in the Ontario Telemedicine Network (OTN) library. For your convenience, we have included a page on how to access a LIVE or ARCHIVED web cast in this booklet. We have also included all SNSC sites on our "Videoconference Site Locations" page.

Once again, workshops will be approximately 2-3 hours in length, unless otherwise stated. Videoconference workshops have been tailored to accommodate the shorter duration and smaller room sizes. Therefore, space is limited so **register early** to avoid disappointment. As per previous years, we will not be charging registration fees for any of the videoconference training sessions.

HANDOUTS FOR ALL SESSIONS CAN BE FOUND ON THE COMMUNITY NETWORKS OF SPECIALIZED CARE WEB PAGE AT: http://www.community-networks.ca.

Simply click on the VC Handouts link and download the appropriate handouts!!

We hope that you will grow professionally from the 2012/2013 Videoconference Workshop Series, and we look forward to receiving your feedback.

Liz Froese

Coordinator Southern Network of Specialized Care

Heather Prescott

Regional Videoconference Coordinator Southern Network of Specialized Care

WHO ARE WE?

The Southern Network of Specialized Care (SNSC) was developed to assist local areas in the promotion and enhancement of services for people with developmental disabilities who need specialized care for co-existing mental health issues and/or significant behaviours (Dual Diagnosis).

The SNSC is made up of all individuals, service providers, academics and professionals with an interest in, or who provide specialized services to individuals with a developmental disability. MCSS Funded Specialized Service Providers in the SNSC include Bethesda, Hamilton Brant Behaviour Services and Regional Support Associates.



WELCOME HEALTH CARE FACILITIATORS

The overall goals of the Building Health Care Initiative are to improve access to primary health care services for people who have developmental disabilities through supporting system navigation, and to build capacity through training of and linking with clinical and specialized services with the developmental, mental health and primary health care sectors. To enhance the efforts of the Southern Network with fulfilling these goals, the SNSC hired two Health Care Facilitators in 2011 to support the work of this initiative. The Heath Care Facilitators will at the local level strengthen system navigation; promote system planning; and support the utilization of the Primary Health Care Guidelines for Individuals with Developmental Disabilities.

The Southern Network of Specialized Care would like to take this opportunity to introduce:

Deborah Lawrence based at Regional Support Associates London dlawrence@wgh.on.ca

633 Colborne Street, London, N6B 2V3

Phone: 519-433-7238 Ext. 2166

Tom Archer based at Bethesda/Twin Lakes Clinical Services Hamilton <u>tarcher@bethesdaservices.com</u>

550 Fennell Avenue East, Unit 16A, Hamilton, L8E 4S9

Phone: 1-800-789-1773 Ext. 442

SNSC VIDEOCONFERENCE SITE LOCATIONS

- Bethesda 3950 Fly Road Vineland, Ontario
- Brantwood Centre
 Bell Lane
 Brantford, Ontario
- Bethesda & Twin Lakes Clinical Services
 3280 Schmon Parkway Thorold, Ontario
- 4. CHOICES 459 Ofield Road South Dundas, Ontario
- 5. CL Central Huron 267 Suncoast Drive East Goderich, Ontario
- 6. CL Essex County 372 Talbot Street North Essex, Ontario
- 7. CL Essex County Comber (Enhanced Specialized Services) Comber, Ontario
- 8. CL Haldimand 137 Lock Street East Dunnville, Ontario
- 9. CL Owen Sound 769 4th Avenue East Owen Sound, Ontario
- CL Port Colborne Wainfleet
 100 McRae Avenue
 Port Colborne, Ontario

- 11. CL Wallaceburg 1100 Dufferin Avenue Wallaceburg, Ontario
- 12. CL Windsor 7025 Enterprise Way Windsor, Ontario
- 13. CL Wingham & District (Enhanced Specialized Services) Wingham, ON
- 14. CREST Support Services
 (Enhanced Specialized Services)
 Lucan, Ontario
- 15. Haldimand Norfolk REACH (Ontario Early Years Centre)12 Colborne Street Simcoe, Ontario
- 16. Hamilton Brant Behaviour Services 1024 Upper Wentworth, Unit 4 Hamilton, Ontario
- 17. Lambton County Developmental Services339 Centre Street Petrolia, Ontario
- Quad County Support Services
 195 Wellington Street
 Wardsville, Ontario
- 19. RSA Chatham330 Richmond Street, Suite 102Chatham, Ontario
- 20. RSA London 633 Colborne Street London, Ontario

CL ~ Community Living RSA ~ Regional Support Associates 21. RSA - Walkerton 911 Yonge Street South Walkerton, Ontario

CL ~ Community Living RSA ~ Regional Support Associates

- 22. RSA Windsor 4510 Rhodes Drive, Unit 130 Windsor, Ontario
- 23. RSA Woodstock 293 Wellington Street North Woodstock, Ontario

NEW SITES as of 2012



- 24. CL Sarnia Lambton 551 Exmouth Street, Suite 202 Sarnia, Ontario
- 25. CL Stratford & Area 112 Frederick Street Stratford, Ontario
- 26. Bethesda/Twin Lakes Clinical Services Hamilton 550 Fennel Avenue, Unit 16 A Hamilton, Ontario
- 27. Family Counselling Centre of Brant54 Brant AvenueBrantford, Ontario
- 28. Christian Horizons South District 317 Consortium Ct London, Ontario

APRIL 2012

BUILDING HEALTH CARE CAPACITY SERIES

April 13 10:00 – 12:30

Advanced Care Planning

This presentation will provide you with information regarding Advanced Care Planning, legislation that is relevant in Advanced Care Planning and the complexities of supporting an individual with a Developmental Disability in creating an Advanced Care Plan.

Presenter(s): Deb Lawrence, RN

Health Care Facilitator, Southern Network of Specialized Care

MAY 2012

May 4 10:00 - 12:30

10 Things to do While you Wait for Behaviour Consultation

This session will cover the top ten recommended practices for direct support professionals to use while waiting for Behaviour Therapy Services to arrive. Highlights will include a review of a bio-psycho-social assessment of behavioural challenges, use of visual cues in the management of behaviour as well as some practical changes that can be made right now.

Presenters: Tom Francey Bethesda

JUNE 2012

June 28 10:00 – 12:30

Navigating the Judicial System when Someone has a Dual Diagnosis: A Unique Perspective from the South

The session will be led by the 3 Justice Dual Diagnosis Case Managers within the Southern Network of Specialized Care who have been working with special needs dually diagnosed offenders since the inception of the Dual Diagnosis Justice Case Management initiative. Particular attention will focus on this unique journey for the developmental population, some of the challenges and obstacles that have been faced, and some useful tips and tricks to having a successful voyage through an often times complicated judicial system.

Presenters:

Jen Procop, BA

Dual Diagnosis Justice Case Manager – Regional Support Associates

Troy Huisman

Dual Diagnosis Justice Case Manager – Bethesda

JULY 2012

BUILDING HEALTH CARE CAPACITY SERIES

July 13 10:00 – 12:30

Understanding Genetic Syndromes

Some genetic syndromes are associated with behavioural phenotypes and medical vulnerabilities. Dr. Baker will discuss six syndromes and the behavioural and medical implications of each. Syndromes to be discussed are: Fragile X, William's, Smith Magenis, 22q11.2, Angelman, and Prader Willi. Learn why a diagnosis is important.

Presenter:

Dr Karen Baker, PhD C.Psych

Psychologist, Regional Support Associates

July 27 10:00 – 12:30

Using Program Logic Models for Everyday Planning and Evaluation

A logic model is a diagrammatic representation of a program. Logic models help to build a common understanding of what a program is all about and how the parts fit together. A Logic Model can be designed by anyone on your team and is a useful tool for helping everyone understand the overall structure and function of a program (i.e., the "big picture"). As such, logic models also become a useful tool for program planning and evaluation. A well-developed logic model is like a road map: it defines boundaries, highlights important features, and shows clearly marked "pathways".

Presenter:

Mary Harper, M.S.W

SEPTEMBER 2012

SEPTEMBER (TBA) 10:00 – 12:30

Emerging Practice in Persons with Intellectual Disabilities and Mental Health Needs

This session will outline emerging practice based on both solid science and respect for philosophical and humanitarian perspectives. Dr Griffiths will go through the eight elements of emerging practice using practical examples for illustration purposes.

Presenter:

Dr Dorothy Griffiths, PhD, C Psych

Professor, Child & Youth Studies and the Centre of Applied Disability Studies, Brock University

OCTOBER 2012

BUILDING HEALTH CARE CAPACITY SERIES

October (TBA)

Prevalent Mental Health Diagnoses in Developmental Disability 10:00 – 12:30

A Description of this session will be available on the Community Networks of Specialized Care website once received from the presenters at:

HTTP://WWW.COMMUNITY-NETWORKS.CA

Presenter: Dr Jay Rao

NOVEMBER 2012

November 2 10:00 – 12:30

Teaching Basic Skills ~ Where do We Start?

This session will focus on every-day, real world settings. We will look at approaches that can be achieved within the available resources and that can be sustained over the long term. We will identify where teaching 1) should start and why, 2) who is taught and why, and 3) how to teach and why.

Presenter:

Tim Frawley, MA Clinical Psych

Community Consultant: Regional Support Associates

DECEMBER 2012

December 14

10:00 - 12:30

Professionalizing Direct Support Professionals

With MCSS Transformation of Developmental Services underway, so are human resources practices in developmental services across Ontario. The goal is to ensure that people with a developmental disability are supported by excellent, well-qualified staff. This presentation will focus on the Development and Implementation of Core Competencies in the field and what that means for Direct Support Professionals

Presenter:

Mark Benner, M.S.W.

Fanshawe College ~ Professor, DSW Program

JANAURY 2013

January 11 10:00 - 12:30

Up Close & Personal: Navigating Personal Boundaries in Day to Day Support

The nature of providing personal support to people can be complicated. Direct support professionals encounter situations that challenge them to think on their feet and maintain professionalism. Should you buy someone a coffee? Accept or give gifts? Bring people to your home? Share personal information? Discussion will focus on solutions to boundary dilemmas.

Presenter:

Marianne Simpson,

Community Consultant: Regional Support Associates

FEBRUARY 2013

February 13 10:00 – 12:30

The Impact of Social Interaction on People Accessing Services

When family members and/or co workers interact, both positively and negatively, there can be a significant impact on other people around them. Quite often the impact on people accessing services is not considered when team dynamics are discussed. This presentation will explore how these interpersonal interactions affect people living within support services and how to ensure that the impact is as positive as possible.

Presenters: Elgie LaButte

Community Consultant: Regional Support Associates

Pauline LeDrew-Bonvarlez

Community Consultant: Regional Support Associates

BUILDING HEALTH CARE CAPACITY SERIES

February 22 10:00 – 12:30

Primary Health Care Needs Related to Aging with Developmental Disabilities

A Description of this session will be available on the Community Networks of Specialized Care website once received from the presenters at:

HTTP://WWW.COMMUNITY-NETWORKS.CA

Presenter:

Deidre Gillespie RN, MN St. Lawrence College

MARCH 2013

Date TBA 10:00 - 12:30

Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians

The authors of <u>Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians</u> will discuss the common themes and theories as indicated in current research and practice. The purpose of this workshop is to teach participants the importance of understanding the individual with Asperger Syndrome (AS) through the assessment and treatment process and inherent social influences. The session will outline the history of AS and high functioning Autism; assessment of AS; mental health needs; neuro-developmental and psycho social implications of AS; and types of supports that are required for individuals with AS.

Presenters:

Dr Lil Burke, Ph.D. C.Psych.Psychologist: The Redpath Centre

Dr Kevin Stoddart, MSW, PhD, RSW

Director: The Redpath Centre

Dr Bob King, MD FRCP

Consultant Psychiatrist: Pathways to Independence ~ Belleville, Kerrys Place Autism Services, Aurora and Brighton/ Quinte West Family Health Team

WEBCASTING

The Southern Network of Specialized Care (SNSC) appreciates the fact that our scheduled dates and times for our videoconference workshops may not be convenient for everyone. Webcasting offers the opportunity for participants to access each of our sessions at any time through their personal/ business PC or laptop. The majority of our sessions will be offered via the Ontario Telemedicine Network (OTN) Webcast Centre. Please note that Archived Webcasting is dependent upon permission from the presenter who may decide at the last minute, NOT to webcast the event due to the content as of the date presented.

Prior to viewing a session, it is recommended that you verify if your computer meets the minimum requirements of webcast viewing. Testing your media player on your computer can be done by accessing the *OTN Webcasting Support Page* at:

http://webcast.otn.ca/support.html

IN ORDER TO VIEW A WEBCAST YOU MUST ACCESS THE OTN WEBCASTING CENTRE AT:

http://webcast.otn.ca

How to Access SNSC Live Events (Sessions happening in real time):

- 1. Once the main page has loaded, click on the **Live Events** link
- 2. Select the session you wish to view from the list of available sessions
 - a. Only **Public Events** will be listed to view
 - b. Private Events will require a login and password
- 3. The webcast session should begin playing in a new window for you

How to Access SNSC Archived Events (Sessions already completed):

- 1. Once the main page has loaded, click on the **Archived Events** link
- 2. Select the session you wish to view from the list of available sessions
 - a. Only **Public Events** will be listed to view
 - b. **Private Events** will require a login and password
- 3. The webcast session should begin playing in a new window for you

** All SNSC Events are Public Events**

Events are only archived for 1 year after the date of recording. If you wish to view a session that is no longer archived, please contact the SNSC Facilitator in your region for access to a DVD copy of the event.

HANDOUTS

Handouts for all sessions can be found on the community networks of specialized care web page at:

http://www.community-networks.ca

SIMPLY CLICK ON THE VC HANDOUTS LINK AND DOWNLOAD THE APPROPRIATE HANDOUTS!!

HOW CAN I REGISTER?

If you are interested in participating in a videoconference session, please register early! **Registration is based on a first come first served basis**.

Each videoconference session will be approximately 2 hours in length with 30 minutes offered at the end of each session for questions and discussion. Videoconference workshops have been tailored for shorter duration and smaller room sizes. *Therefore, space is limited, so register early to avoid disappointment*. There are no fees associated with these workshops.

Please note that deadlines for registrations

WILL be adhered to

You may phone, fax, or email the following information to the contact below:

- Name
- Agency/ Affiliation
- Phone number and/or email (for registration confirmation or in case of cancellation)
- Name and date of session you would like to attend
- Which videoconference site within the network from where you wish to attend along with the number of participants (if registering for more than one person)

Other videoconference sessions outside of this formal series will occur on occasion and during those times promotional materials will be sent out.

If you are interested in participating in any of these videoconference sessions, or would like to be notified of any additional videoconference sessions please contact:

Regional Videoconference Coordinator: Heather Prescott

Phone: (519) 433-7238 Ext. 2215, Fax: (519) 421-4249 karaujo@wgh.on.ca

WE LOOK FORWARD TO HAVING YOU AT OUR SESSIONS!

EDUCATIONAL RESOURCES

Western University Canada
Developmental Disabilities Division
http://www.ddd.uwo.ca/

Brock Universityhttp://www.brocku.ca/dualdiagnosis/

Queen's Universityhttp://www.queensu.ca/

Multidimensional Assessment of Providers and Systems
http://mapsresearch.ca/about-maps/welcome/

Ontario Association on Developmental Disabilities (OADD)
http://www.oadd.org/

National Association for the Dually Diagnosed (NADD)

http://www.thenadd.org/

Canadian Association for Research and Education in Intellectual Disabilities

(CARE- ID)

The National Coalition on Dual Diagnosis

http://care-id.com/

Ontario Partnership on Aging and Developmental Disabilities (OPADD)
http://www.opadd.on.ca

Community Networks of Specialized Care www.community-networks.ca

SOUTHERN NETWORK OF SPECIALIZE CARE

RESEARCH FACILITATOR **Beth Anne Currie**

#319197 Grev Rd.1, Kemble, ON NOH1S0 519-379-8231 bethannecurrie@sympatico.ca

REGIONAL FACILITATORS Linda Smith: Hamilton & Brant

550 Fennell Avenue East, Unit 16A 1-800-789-1773 Ext. 444 Hamilton, ON L8E 4S9 Ismith@bethesdaservices.com

Lynda Legge: Huron/Perth, **Grey/Bruce**

911 Yonge St., Unit 3, Walkerton, ON NOG 2V0 519-881-0922 Ext. 2405 llegge@wgh.on.ca

Sue Benko: Windsor/Essex, Chatham/Kent, Sarnia/Lambton

4510 Rhodes Drive, Unit 130, Windsor, ON N8W 5K5 519-974-9476 Ext. 2501 sbenko@wgh.on.ca

Nancy Hall: Niagara, Haldimand/Norfolk

3280 Schmon Parkway Thorold, Ontario, L2V 4Y6 905-684-6918 Ext. 312

nhall@bethesdaservices.com

Juanita St. Croix: London/Middlesex, Oxford/Elgin

293 Wellington Street North Woodstock, Ontario, N4S 6S4 519-421-4248 Ext. 2227 istcroix@wqh.on.ca

DUAL DIAGNOSIS HEALTH CARE FACILITATORS Deborah Lawrence (Southwest)

633 Colborne Street, London, N6B 2V3 Phone: 519-433-7238 Ext. 2166 dlawrence@wgh.on.ca

Tom Archer (Haldimand - Norfolk, Hamilton, Brant, & Niagara)

550 Fennell Avenue East, Unit 16A, Hamilton, L8E 4S9 Phone: 1-800-789-1773 Ext. 442

tarcher@bethesdaservices.com

NETWORK COORDINATOR

Liz Froese

1-866-486-1651

froese.network@sympatico.ca

REGIONAL VIDEOCONFERENCE COORDINATOR **Heather Prescott**

519-433-7238 Ext. 2226 hprescot@wah.on.ca