

## **Southern Network of Specialized Care STAFF**

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### **COORDINATOR**

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### **REGIONAL VIDEOCONFERENCE COORDINATOR**

**Heather Prescott**

(519) 433-7238 Ext. 2226



## UNIFIED PERSPECTIVES IN INTELLECTUAL DISABILITIES

### Videoconference Workshop Series 2010/2011

The videoconference workshop series for 2010/2011 is “**Unified Perspectives in Intellectual Disabilities**”. The Southern Network is pleased to present this multi disciplinary videoconference series focusing on the areas of behaviour, mental health and dual diagnosis.

The Southern Network of Specialized Care (SNSC) is offering a broad yet integrated range of educational programs for front-line staff and managers. This series covers some important issues in the field of intellectual disabilities. There are a number of new workshops and presenters being offered in this series, in addition to some of the popular sessions from previous workshop series.

This year we are pleased to offer presentations that involve a multi-regional component, where presenters will represent one or all of the 3 Specialized Service Providers in the South region: Hamilton Brant Behaviour Services, Bethesda, and Regional Support Associates. We will also be offering a Province-wide psychiatry series, featuring sessions on dual diagnosis with psychiatrists from the four Communities of Specialized Care.

All of the presentations in this series will be Webcast events both live and archived in the Ontario Telemedicine Network (OTN) library. For your convenience, we have included a page on how to access a LIVE or ARCHIVED web cast in this booklet. We have also included all SNSC sites on our “Videoconference Site Locations” page.

Once again, workshops will be approximately 2-3 hours in length, unless otherwise stated. Videoconference workshops have been tailored to accommodate the shorter duration and smaller room sizes. Therefore, space is limited so **register early** to avoid disappointment. As per previous years, we will not be charging registration fees for any of the videoconference training sessions.

**HANDOUTS FOR ALL SESSIONS CAN BE FOUND ON THE COMMUNITY NETWORKS OF SPECIALIZED CARE WEB PAGE AT: <http://www.community-networks.ca>.**

**Simply click on the VC Handouts link and download the appropriate handouts!!**

*We hope that you will grow professionally from the 2010/2011 Videoconference Workshop Series, and we look forward to receiving your feedback.*

**Liz Froese**  
Coordinator  
Southern Network of Specialized Care

**Heather Prescott**  
Regional Videoconference Coordinator  
Southern Network of Specialized Care

## EDUCATIONAL RESOURCES

University of Western Ontario  
Developmental Disabilities Division  
<http://www.ddd.uwo.ca/>

Brock University  
<http://www.brocku.ca/dualdiagnosis/index.html>  
[MCSS/MCYS](http://www.brocku.ca/dualdiagnosis/index.html)

Queen's University  
<http://www.queensu.ca/>  
Southeastern Ontario Community-University  
Research Alliance in Intellectual Disabilities  
(CURA)  
<http://www.seocura.org>

Ontario Association on Developmental  
Disabilities (OADD)  
<http://www.oadd.org/>

National Association for the Dually Diagnosed  
(NADD)  
<http://www.thenadd.org/>

Canadian Association for Research and  
Education in Intellectual Disabilities  
(CARE- ID)

The National Coalition on Dual Diagnosis  
<http://care-id.com/>

Ontario Partnership on Aging and  
Developmental Disabilities (OPADD)  
<http://www.opadd.on.ca>

**Community Networks  
of Specialized Care**  
[www.community-networks.ca](http://www.community-networks.ca)

## HOW CAN I REGISTER?

If you are interested in participating in a videoconference session, please register early! **Registration is based on a first come first served basis.**

Each videoconference session will be approximately 2 hours in length with 30 minutes offered at the end of each session for questions and discussion. Videoconference workshops have been tailored for shorter duration and smaller room sizes. **Therefore, space is limited, so register early to avoid disappointment.** There are no fees associated with these workshops.

**Please note that deadlines for registrations  
WILL be adhered to**

You may phone, fax, or email the following information to the contact below:

- Name
- Agency/ Affiliation
- Phone number and/or email (for registration confirmation or in case of cancellation)
- Name and date of session you would like to attend
- Which videoconference site within the network from where you wish to attend along with the number of participants (if registering for more than one person)

Other videoconference sessions outside of this formal series will occur on occasion and during those times promotional materials will be sent out.

If you are interested in participating in any of these videoconference sessions, or would like to be notified of any additional videoconference sessions please contact:

**Regional Videoconference Coordinator: Heather Prescott**

Phone: (519) 433-7238 Ext. 2226, Fax: (519) 421-4249  
[hprescot@wgh.on.ca](mailto:hprescot@wgh.on.ca)

***We look forward to having you at our sessions!***

## WHO ARE WE?

The Southern Network of Specialized Care (SNSC) was developed to assist local areas in the promotion and enhancement of services for people with developmental disabilities who need specialized care for co-existing mental health issues and/or significant behaviours (Dual Diagnosis).

The SNSC is made up of all individuals, service providers, academics and professionals with an interest in, or who provide specialized services to individuals with a developmental disability. MCSS Funded Specialized Service Providers in the SNSC include Bethesda, Hamilton Brant Behaviour Services and Regional Support Associates.

## WHAT SERVICES ARE OFFERED VIA VIDEOCONFERENCE?

The SNSC utilizes videoconferencing for the following purposes:

- Assessments and feedback of diagnosis
- Consultation to individuals with a developmental disability, their families, and their caregivers/ support networks
- Treatment to specialized populations
- Consultation among specialists and other professionals on challenging and complex cases
- Linking staff and professionals when inclement weather precludes travel
- Training & Education
- Administrative Meetings

## VIDEOCONFERENCE SITE LOCATIONS

1. Bethesda  
3950 Fly Road  
Vineland, Ontario
2. Bethesda & Twin Lakes Clinical Services  
25 Bell Lane  
Brantford, Ontario
3. Bethesda & Twin Lakes Clinical Services  
3280 Schmon Parkway  
Thorold, Ontario
4. CHOICES  
459 Olfield Road South  
Dundas, Ontario
5. Community Living Central Huron  
267 Suncoast Drive East  
Goderich, Ontario
6. Community Living Essex County  
372 Talbot Street North  
Essex, Ontario
7. Community Living Essex County - Comber  
(Enhanced Specialized Services)  
6115 Wallace Avenue  
Comber, Ontario
8. Community Living Haldimand  
137 Lock Street East  
Dunnville, Ontario
9. Community Living Owen Sound  
769 4<sup>th</sup> Avenue East  
Owen Sound, Ontario
10. Community Living Port Colborne – Wainfleet  
100 McRae Avenue  
Port Colborne, Ontario
11. Community Living Wallaceburg  
1100 Dufferin Avenue  
Wallaceburg, Ontario
12. Community Living Windsor  
7025 Enterprise Way  
Windsor, Ontario
13. Community Living Wingham & District  
(Enhanced Specialized Services)  
71 Bristol Terrace  
Wingham, ON

## WEBCASTING

The Southern Network of Specialized Care (SNSC) appreciates the fact that our scheduled dates and times for our videoconference workshops may not be convenient for everyone. Webcasting offers the opportunity for participants to access each of our sessions at any time through their personal/ business PC or laptop. All of our sessions will be offered via the Ontario Telemedicine Network (OTN) Webcast Centre.

Prior to viewing a session, it is recommended that you verify if your computer meets the minimum requirements of webcast viewing. Testing your media player on your computer can be done by accessing the *OTN Webcasting Support Page* at:

<http://webcast.otn.ca/support.html>

***IN ORDER TO VIEW A WEBCAST YOU MUST ACCESS THE OTN WEBCASTING CENTRE AT:***

<http://webcast.otn.ca>

**How to Access SNSC Live Events (Sessions happening in real time):**

1. Once the main page has loaded, click on the **Live Events** link
2. Select the session you wish to view from the list of available sessions
  - a. Only **Public Events** will be listed to view
  - b. **Private Events** will require a login and password
3. The webcast session should begin playing in a new window for you

**How to Access SNSC Archived Events (Sessions already completed):**

1. Once the main page has loaded, click on the **Archived Events** link
2. Select the session you wish to view from the list of available sessions
  - a. Only **Public Events** will be listed to view
  - b. **Private Events** will require a login and password
3. The webcast session should begin playing in a new window for you

**\*\* All SNSC Events are Public Events\*\***

***Events are only archived for 1 year after the date of recording. If you wish to view a session that is no longer archived, please contact the SNSC Facilitator in your region for access to a DVD copy of the event.***

## HANDOUTS

Handouts for all sessions can be found on the community networks of specialized care web page at:

<http://www.community-networks.ca>

**SIMPLY CLICK ON THE VC HANDOUTS LINK AND  
DOWNLOAD THE APPROPRIATE HANDOUTS!!**



## OTHER COMMUNITY NETWORKS OF SPECIALIZED CARE TRAINING

### NORTH NETWORK OF SPECIALIZED CARE

**April 19, 2010**

**10:00 AM – 12:30 PM**

#### ***Introduction to Mindfulness***

In this 90-minute presentation, the first of a 2-part series, Mr. White will describe the concept of mindfulness, providing a description of the origins of this practice, how it migrated from Eastern to Western cultures and how mindfulness has been incorporated into clinical practice and personal growth. Participants will learn how practicing mindfulness can benefit us and the people around us in our personal and work lives.

#### **Presenter:**

**Stephen White**, M.A., C. Psych. Associate, HandsTheFamilyHelpNetwork.ca

**Wendy L. Patrick**, BA, BSW, RSW – CL Algoma

**Karen L. Nixon**, BSW, RSW – CL Algoma

### NORTH NETWORK OF SPECIALIZED CARE

**May 18, 2010**

**1:30 – 4:00 PM**

#### ***Mindfulness Practice & Mindfulness In Everyday Life***

Following on the heels of the first workshop, "Introduction to Mindfulness" (April 19, 2010), Mr. White will provide information on ways of incorporating mindfulness into our personal and professional lives. Some mindfulness exercises will be described and practiced in session. Recommendations for further learning opportunities will be provided.

\*Participants who do not attend Part 1 of this 2-Part series, "Introduction to Mindfulness," are encouraged to view Part 1 prior to attending this session. Part 1 may be accessed and viewed as an archived Webcast after April 19 by going to [www.otn.ca](http://www.otn.ca)

#### **Presenters:**

**Stephen White**, M.A., C. Psych. Associate, HandsTheFamilyHelpNetwork.ca

**Ron Richer**, BSW, RSW – Sudbury Regional Hospital

### NORTH NETWORK OF SPECIALIZED CARE

**June 22, 2010**

**10:00 -12:30**

#### ***Dialectical Behaviour Therapy for People with Intellectual Disabilities: Experiences using an Adapted-DBT Model***

Presenters will describe a behaviour therapy model as outlined by Marsha Linehan and how it is modified into an adapted-DBT Model for people with intellectual disabilities. Participants will learn about the changes presenters have made to the model, what is working, and what needs to be improved.

#### **Presenters:**

**Marc Simpson**, MSW, RSW – MHC Penetanguishene

**Marnie McDermott**, MSW, RSW – CL Huronia

**Jill Jones**, DSW – CL Huronia

14. CREST Support Services  
(Enhanced Specialized Services)  
13570 Elginfield Road  
Lucan, Ontario
15. Haldimand Norfolk REACH  
(Ontario Early Years Centre)  
12 Colborne Street  
Simcoe, Ontario
16. Hamilton Brant Behaviour Services  
1024 Upper Wentworth, Unit 4  
Hamilton, Ontario
17. Lambton County Developmental Services  
339 Centre Street  
Petrolia, Ontario
18. Quad County Support Services  
195 Wellington Street  
Wardsville, Ontario
19. Regional Support Associates - Chatham  
330 Richmond Street, Suite 102  
Chatham, Ontario
20. Regional Support Associates - London  
633 Colborne Street  
London, Ontario
21. Regional Support Associates - Walkerton  
911 Yonge Street South  
Walkerton, Ontario
22. Regional Support Associates - Windsor  
4510 Rhodes Drive, Unit 130  
Windsor, Ontario
23. Regional Support Associates - Woodstock  
293 Wellington Street North  
Woodstock, Ontario

## SPECIAL REQUESTS

We may be able to connect other sites other than those listed upon request.

For further information, please contact:

Regional Videoconference Coordinator

Phone: 519-433-7238 Ext. 226

Fax: 519-421-4249

Email: [hprescot@wgh.on.ca](mailto:hprescot@wgh.on.ca)

## APRIL 2010

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**April 30**  
**10:00 – 12:30**

### **Capacity Assessments**

This session will provide a brief outline of what the Capacity Assessment Office does and what a capacity assessment involves. Discussion will also detail when capacity assessments are required and when they are considered appropriate. The session will explain how the process works including, the importance of consent from the client, the Financial Assistance Program, and some of the challenges and complications related to people with intellectual disabilities.

#### **Presenter:**

**Hilary Callin, BA/BSW**

Acting Program Coordinator, Capacity Assessment Office  
with the Ministry of the Attorney General

## MAY 2010

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**May 14**  
**10:00 – 12:30**

### **Medication Administration - What is in Your cabinet?**

This presentation explains the medication administration-training program developed by Mary Westerhof RN of St Joseph's Developmental Dual Diagnosis Team. It is a "Train the Trainer" program that teaches the trainer the "how to's" and "how not to's" of medication in general. Subjects include a general overview of the medication administration process, how medications come to market, more in-depth of psychiatric medication, and general health issues commonly seen in the population we serve. The intent of this video presentation is to show the medication-training program. It is not intended to certify staff as able to give medication.

#### **Presenter:**

**Mary Westerhof, R.N.**

Team Leader, Dual Diagnosis Team  
St Joseph's Health Care Hamilton



## JANUARY 2011

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**January 21**  
**10:00 – 12:30**

### **Self Injurious Behaviour in Developmental Disabilities**

This session will include discussion of some of the research literature, some theoretical models and provide some strategies that can be used to develop support and safety plans for individuals who engage in self-injurious behaviour.

#### **Presenter:**

**Dr Alan Lawrence, Ph. D, C Psych**

## FEBRUARY 2011

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**February 14**  
**10:00 – 12:30**



### **Couples Therapy for People with Intellectual Disabilities**

Teenagers and adults with intellectual disabilities often want to live together, or dream about marriage and having children. This session (aimed towards professionals and families) looks at issues related to couples, counselling, dealing with extended families, and key ethical issues. Relevant history and research on this topic will be discussed. Attention will be on the "Positive Support-Couple Therapy" Model.

#### **Presenter:**

**J. Dale Munro, MSW, RSW, FAAIDD**

Regional Support Associates

## MARCH 2011

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**March 25**  
**10:00 – 12:30**

### **Developmental Disabilities & The Criminal Justice System**

This workshop will highlight the work of the Dual Diagnosis Justice Case Managers who work collaboratively throughout Ontario. Discussion around providing justice services to special needs offenders will include court support, diversion orders, intervention when dealing with the legal system and facilitating appropriate clinical supports. The presenters will also speak to the creation of the manual "Understanding the Offender with a Dual Diagnosis".

#### **Presenters:**

**Jen Procop, BA**

Dual Diagnosis Justice Case Manager – Regional Support Associates

**Anna Marie Dodge, BSW**

Dual Diagnosis Justice Case Manager – Regional Support Associates

**Troy Huisman**

Dual Diagnosis Justice Case Manager – Bethesda

Nov 10

***Effective Strategies For Supporting Individuals with FASD*****10:00 – 12:30**

Fetal Alcohol Spectrum Disorder (FASD) affects at least 1 in every 100 live births. Individuals impacted by FASD often do not respond to typical behavioural support strategies, leaving the individual affected feeling like a failure and the service provider feeling burned out. In this session, basic practices and a variety of specific strategies thought to be effective are presented. This information is based on FASD research and resources available, to date, and is ideal for front line service providers, managers and/or caregivers. Nancy has co-authored a research paper on Effective Practices for People with FASD in 2009. She has also been a member of the FASD Stakeholders of Ontario (now called the FASD ONE network) for the past three years.

**Presenter:****Nancy Hall**

Facilitator, Southern Network of Specialized Care  
Former FASD Community Developer

November 19

***Adults with Asperger Syndrome: Creative Psychotherapy & Treatment Approaches!*****10:00 – 12:30**

Few professionals have worked extensively with adults with Asperger Syndrome. Dale Munro is an exception. Based on his recent paper published in a U.S. journal, Dale will focus on effective psychotherapy and other clinical approaches which can greatly improve the lives of this needy, often forgotten, and underserved population.

**Presenter:****J. Dale Munro, MSW, RSW, FAAIDD**

Regional Support Associates

**PSYCHIATRY SERIES – Southern Network****December 10****10:00 - 1230*****Genetic Syndromes in Developmental Disabilities***

This presentation will provide an overview of key concepts and advances in genetics with application in the field of developmental disabilities. Some of the most frequently seen and important syndromes will be discussed including management principles.

**Presenter:****Dr Kerry Boyd, M.D. FRCP(C)**

Chief Clinical Officer, Bethesda

Assistant Clinical Professor,

Department of Psychiatry and Behavioural Neurosciences

McMaster University, Hamilton

**PSYCHIATRY SERIES – Eastern Network****June 11****10:00-12:30*****Aging & Developmental Disabilities***

This session will review the aging process and mortality patterns in persons with developmental disabilities. Consideration will be given to mental disorders in persons with developmental disabilities as well. The workshop will identify and explain approaches and strategies in caring for elderly persons who have a developmental disability.

**Presenter:****Dr Bruce McCreary, MD FRCP(C),**

Ongwanada

Professor Emeritus, Department of Psychiatry

Queen's University

**PSYCHIATRY SERIES – Southern Network****June 28****10:00 – 12:30*****Mental Health and Developmental Disabilities: Executive Function***

Executive functions are a collection of interrelated functions that are responsible for guiding, directing and managing cognitive, emotion and behavioural functions. If these functions are significantly deficient, these account for a majority portion of dysfunction in individuals with a dual diagnosis. This session is an overview of research assessing the integrity of executive functions in a group of clients with developmental disabilities who were referred to specialized dual diagnosis programs. Clients presented with various behaviours such as a history of aggression, mental illnesses, and disorganized behaviours.

**Presenter:****Dr Jay Rao, MBBS, DPM, MRCP Psych. FRCP (C)**

Lead, Dual Diagnosis Program- Regional Mental Health  
Care, London

**July 16*****Signs of Suicidal Ideation in Individuals with a Dual Diagnosis*****10:00 - 1230**

This workshop will offer some general signs of suicidal ideation in people with developmental disabilities and co-existing mental health concerns. Discussion will take place around research that references specifically how suicidal ideation may look in people with a dual diagnosis.

**Presenter:****Dawn White, MHS, BScN, RegN**

Director of Clinical Services, Canadian Mental Health  
Association – London Middlesex Branch

## AUGUST 2010

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**August 13**

### ***An Introduction to Fetal Alcohol Spectrum Disorder***

**10:00 – 12:30**

This session will expand your breadth of knowledge and help you better understand the basics of Fetal Alcohol Spectrum Disorder (FASD). Topics discussed will include cognitive implications, physical and behavioural characteristics, how to support individuals, how to support the family, secondary disabilities and an introduction to effective support strategies. Feel free to bring forward non-identifying cases around FASD for discussion with Dr Baker.

**Presenter:**

**Dr Karen Baker Ph.D., C Psych**

Regional Support Associates

### **PSYCHIATRY SERIES – North Network**

**August 19**

### ***Medications and Side Effects – What to Look For***

**10:00 – 12:30**

Session Description to be announced at a later date

**Presenter:**

**Dr Andrew Wilson, MD, FRCP(C)**

## SEPTEMBER 2010

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**September 17**

### ***Tips & Tools for Successful Behavioural Strategies***

**10:00 – 12:30**

Often times as front-line staff and professionals, we see challenging behaviours in the people we support that we just don't understand, and in turn can easily misinterpret. This session will introduce you to three important behavioural principles through the use of illustrative case examples. The focus will be on how to translate this theoretical information on behaviour so that it can be used effectively in every day, real world settings.

**Presenters:**

**Jo-Anne Kens**

Hamilton Brant Behaviour Services

**Tom Francey**

Behaviour Therapist - Bethesda

**Laura Winter, Behaviour Science Technology**

Community Consultant: Regional Support Associates

## SEPTEMBER 2010

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### **PSYCHIATRY SERIES – Central Network**

**September 23**

### ***Intellectual Disabilities, Autism Spectrum Disorders and Mental Health***

**10:00 – 12:30**

Intellectual disabilities (ID) and Autism Spectrum Disorders (ASD) often co-exist. This seminar will review mental health and behavioural complexities that arise in individuals with ID and ASD. Concepts and strategies with regard to prevention, assessment, treatment and support will be discussed.

**Presenter:**

**Dr Elspeth Bradley, MB BS, PhD, FRCPC, FRCPsych**

Vice President Medical Affairs, Psychiatrist in Chief – Surrey Place Centre

Associate Professor, University of Toronto

## OCTOBER 2010

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**October 15**

### ***Making Sure our Practice makes a Change: Applied Research in the Real World***

**10:00 - 1230**

This session will talk about the importance of evaluating the services and practice that we provide for persons with intellectual disabilities. Examples of applied research will be used to determine if programs have produced the quality of life changes that are expected and if policy changes created positive shifts in the lives of those we support. Challenges and benefits of community-based research will be discussed.

**Presenter:**

**Dr Dorothy Griffiths, PhD,**

Associate Dean of Social Sciences

Professor in the Department of Child and Youth Studies and the Centre for Applied Disability Studies

