

**Southern Network of Specialized Care
2009/2010 Workshops at a Glance**

Theme	Workshop	Apr	May	Jun	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Communication	Communication Champions	30									
	Understanding Augmentative Communication		28								
Behaviour	Aggression & Violence			8							
	Data Collection: Fun with Numbers!				1						
	Dual Diagnosis					20					
Mental Health	Strategies for Managing Depression						3				
	Approaches to Assessments							2			
	Preparation Essentials for the Psychiatric Consultation								12		
Sexuality	Couple Therapy & Support									11	
	Surviving Trauma										23



**SOUTHERN NETWORK OF
SPECIALIZED CARE PRESENTS:
PATHWAYS TO UNDERSTANDING**



**2009/2010
VIDEOCONFERENCE WORKSHOP SERIES**

Southern Network of Specialized Care

PATHWAYS TO UNDERSTANDING 2009/2010

The Videoconference Workshop Series for 2009/210 is "Pathways to Understanding". The Southern Network is please to present this four part Videoconference series focusing on the areas of Communication, Behaviour, Mental Health; and Sexuality issues.

The Southern Network of Specialized Care (SNSC) is offering a broad range of educational programs for front-line staff and managers. This series covers the important issues in the field of intellectual disabilities. There are a number of new workshops and presenters being offered in this series in addition to some of the popular sessions from last year.

All the presentations in this series will be Web cast and archived in the Ontario Telemedicine Network (OTN) library. We have given an explanation on each in this booklet. We have listed all SNSC sites on our "Videoconference Site Locations" page in this booklet.

Once again workshops will be approximately 2-3 hours in length, unless otherwise stated. Videoconference workshops have been tailored to smaller audiences. Therefore, space is limited so **register early** to avoid disappointment. For this year's series, we will not be charging a registration fee.

On a final note, we would like to take this opportunity to give a special "Thank You" to Glen Walker, who not only pioneered the work of Videoconferencing in the SNSC, but also across the province. On occasion, we have been known to call him "CAPTAIN VIDEO". Glen is leaving us to pursue his career path with Simcoe Community Services. We wish him well, and we know that he is only a videoconference away! THANK YOU GLEN!

We hope that you will all grow professionally from the 2009/2010 Videoconference series and we look forward to receiving your feedback.

Karen Araujo
Videoconference Coordinator SNSC

Liz Froese
Coordinator SNSC

Southern Network of Specialized Care

Educational Resources

Queens University:

<http://www.queensu.ca/>

**Southeastern Ontario Community-University Research Alliance in
Intellectual Disabilities (CURA):**

<http://www.seocura.org/>

University of Western Ontario Developmental Disabilities Division:

<http://www.ddd.uwo.ca/>

Brock University:

<http://www.brocku.ca/dualdiagnosis/index.html%20MCSS/MCYS>

OADD:

<http://www.oadd.org/>

NADD:

<http://www.thenadd.org/>

HOW CAN I REGISTER?

If you are interested in participating in a videoconference session, please register early! **Registration is based on a first come first served basis.**

Each videoconference session will be approximately 2 hours in length with 30 minutes offered at the end of each session for questions. Videoconference workshops have been tailored to smaller audiences. There for space is limited so register early to avoid disappointment. There are no fees associated with these workshops.

PLEASE REGISTER EARLY!

Deadlines for registrations will be respected

You may fill out the **REGISTRATION FORM** at the back of this booklet, or phone, fax or email with the following information:

- Name
- Agency/affiliation
- Phone number and/or email (for registration confirmation or in case of cancellation)
- Session you would like to attend
- Which videoconference site within the network from where you wish to attend along with the number of participants

Other videoconference sessions outside of this formal series will occur on occasion and during those times promotional materials will be sent out.

If you are interested in participating in any videoconference sessions, or would like to be notified of any additional video sessions, contact:

Regional Videoconference Coordinator
Phone: (519) 433-7238 Ext. 2226, Fax: (519) 421-4249
karaujo@wgh.on.ca

We look forward to having you at our sessions!

Southern Network of Specialized Care

WHO ARE WE?

The Southern Network of Specialized Care (SNSC) was developed to assist local areas to provide service to adults with developmental disabilities who need specialized care for co-existing mental illness and/or challenging behaviours (Dual Diagnosis).

The SNSC is made up of all individuals, service providers, academics and professionals with an interest in or who provide specialized services to individuals with a developmental disability.

WHAT SERVICES ARE OFFERED VIA VIDEOCONFERENCE?

The Networks will utilize videoconferencing for the following purposes:

- Assessments and feedback of diagnosis
- Consultation to individuals, families and those they support
- Treatment to specialized populations
- Consultation among specialists and other professionals on challenging cases
- Linking staff and professionals when inclement weather precludes travel
- Training and education
- Administrative (meetings)

SOUTHERN NETWORK OF SPECIALIZED CARE VIDEOCONFERENCE SITE LOCATIONS

RSA = Regional Support Associates
CL = Community Living

- | | |
|---|--|
| 1. RSA Woodstock
293 Wellington Street North
Woodstock, Ontario | 2. RSA London
633 Colborne Street
London, Ontario |
| 3. RSA Chatham
330 Richmond Street
Suite 102
Chatham, Ontario | 4. RSA Windsor
4510 Rhodes Drive
Unit 130
Windsor, Ontario |
| 5. RSA Walkerton
911 Yonge Street South
Walkerton, Ontario | 6. Twin Lakes Clinical Services
25 Bell Lane
Brantford, Ontario |
| 7. Bethesda
Twin Lakes Clinical Services
3280 Schmon Parkway
Thorold, ON | 8. Bethesda - Vineland
3950 Fly Road
Vineland, Ontario |
| 9. Hamilton Brant Behaviour
Services
1024 Upper Wentworth Street
Unit 4
Hamilton, Ontario | 10. CL Owen Sound
769 4 th Avenue East
Owen Sound, Ontario |
| 11. CL Windsor
7025 Enterprise Way
Windsor, Ontario | 12. CL Essex County
372 Talbot Street North
Essex, ON |

****NOW AVAILABLE****

WEBCASTING!

The Southern Network of Specialized Care appreciates the fact that our scheduled dates/times for our video workshop may not be convenient for everyone. Webcasting offers the opportunity for our participants to access each of our sessions at any time through your personal/business PC or Laptop. All our sessions will be offered via Ontario Telemedicine Network (OTN) Webcast Centre:

<http://webcast.otn.ca/>

How to access SNSC Live Events:

- Visit the OTN Webcast Centre
- Click on Live Events (all events scheduled for that day will be listed)
- Click on the event you wish to view.

How to access SNSC Archived Events:

- Visit the OTN Webcast Centre
- Click on Archived Events then Public Events
- Enter the information required under the Search Terms (title of the event, date or presenter's name)
- All archived events (reflecting the information requested) will be listed.
- Click on the event you wish to view

Webcast Centre Support Contact:

If you are having difficulty viewing the webcast, please contact servicedesk@otn.ca or call 1-866-454-6861.

COMMUNITY NETWORKS OF SPECIALIZED CARE TRAINING

There are three other Community Networks of Specialized Care in Ontario who will also be providing videoconference-training opportunities throughout the coming year.



VC Coordinator: Linda Bruce



VC Coordinator: Sarah Joynt



VC Coordinator: Rosanne Stein

Some of the training topics include:

- ✓ Functional Analysis and Positive Systems Approach
- ✓ Behavioural Supports
- ✓ Autism - adults and developmental disabilities
- ✓ Psychopharmacology
- ✓ Depression and Developmental Disability

For more information visit <http://www.community-networks.ca/>

SOUTHERN NETWORK OF SPECIALIZED CARE VIDEOCONFERENCE SITE LOCATIONS

CL = Community Living

- | | |
|---|---|
| 13. CL Port Colborne-Wainfleet
100 McCrae Avenue
Port Colborne, Ontario | 14. CL Central Huron
267 Suncoast Drive East
Goderich, Ontario |
| 15. CL Haldimand
137 Lock Street East
Dunnville, Ontario | 16. CL Wallaceburg
1100 Dufferin Avenue
Wallaceburg, Ontario |
| 17. Haldimand Norfolk REACH
(Ontario Early Years Centre)
12 Colborne Street North
Simcoe, Ontario | 18. CHOICES
459 Olfield Road South
Dundas, Ontario |
| 19. Quad County Support Services
195 Wellington Street
Wardsville, Ontario | |
| 20. Lambton County Developmental Services
339 Centre Street
Petrolia, Ontario | |

Special Request:

Other sites could be made available upon request.

For further information please contact:

Regional Videoconference Coordinator

Phone: 519-433-7236 Ext. 2226

Fax: 519-421-4249

Email: karaujo@wgh.on.ca

APRIL 2009

SWIMRS IN THE POOL OF COMMUNICATION

This workshop will introduce participants to ways in which to develop opportunities for communication by individuals with communication impairments and to encourage them to learn how to better communicate in everyday activities. This workshop will feature one case study of an individual who has a severe intellectual impairment and her teacher, who will demonstrate how she integrated communication into the student's schedule.

Date: Thursday April 30, 2009
Time: 10-12:30
Presenter: Irma Ruiter



Registration Deadline: April 22nd, 2009

MARCH 2010

Surviving Trauma: "Understanding the impact of Trauma and Abuse for people with Intellectual Disabilities"

Treatment and therapy need to be available for people with intellectual disabilities who are Trauma Survivors. This brief overview will identify the risk factors for Abuse and Trauma. We will explore Resiliency and Fragility. We will outline treatment responses to assist survivors using a flexible and compassionate model.

Date: March 23rd, 2010
Time: 10:00 AM – 12:30 PM
Presenter: Peggy Corrigan-Dench

Registration Deadline: March 16th, 2010

FEBRUARY 2010

COUPLE THERAPY & SUPPORT: A Positive Model for People with Intellectual Disabilities

Teenagers and adults with intellectual disabilities often want to live together, or dream about marriage and having children. This session (aimed towards parents and professionals) looks at issues related to couples, counseling, dealing with extended family, and key ethical issues. Relevant history and research on this topic will be discussed, along with ways of determining a couple's prognosis to benefit from counseling. Attention will focus on the "Support-Centred Couple Intervention" model.

Date: Thursday, February 11th, 2010
Time: 10:00 AM – 12:30 PM
Presenter: J. Dale Munro, MSW, RSW, FAAIDD

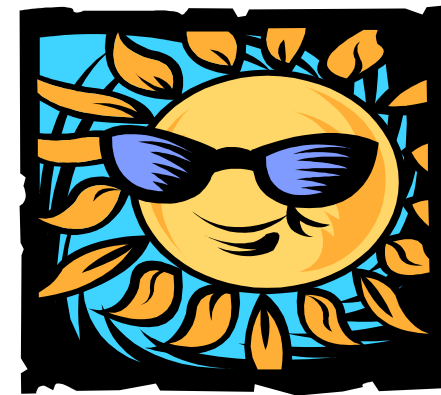
Registration Deadline: February 5th, 2010

MAY 2009

An Introduction to Augmentative and Alternative Communication

Welcome to the world of AAC: Augmentative and Alternative Communication. It is not as foreign as you may think. Come and explore types, tools and techniques to help you communicate and support individuals who are nonverbal.

Date: Thursday May 28th, 2009
Time: 10:00 AM – 12:30 PM
Presenter: Colleen McGaffey



Registration Deadline: May 20th, 2009

JUNE 2009

AGGRESSION & VIOLENCE: Key Treatment & Support Strategies

This session will speak to the many facets of aggression and violence in persons with intellectual disabilities. Discussion will focus on causes of aggression including neurological, physiological, social/ environmental, and psychiatric roots. Dr. Carey will talk to why we need to deal with aggressive and violent behaviours, and how we can treat these behaviours using various methodologies. Feel free to bring forward individual case examples involving aggressive and violent behaviours for discussion.

Date: Monday June 8th, 2008
Time: 10:00 AM – 12:30 PM
Presenter: Robert Carey, PhD, C. Psych



Registration Deadline: June 1st, 2009

JANUARY 2010

Where Does It Hurt? Preparation Essentials for the Psychiatric Consultation

Assessment, diagnosis and evaluation are difficult and challenging tasks for psychiatrists working with individuals with dual diagnosis. Communication impairment, interrater reliability and diagnostic overshadowing are some of the issues that contribute to the challenges. There is always the possibility that medical, social and psychological factors may be contributing to challenging behaviours. What we do, see, document and communicate can add an important dimension to the consultation.

Date: Tuesday January 12th, 2010
Time: 10:00 AM – 12:30 PM
Presenter: Al Fewster

Registration Deadline: January 5th, 2010

DECEMBER 2009

No Stone Left Unturned- Holistic Approaches to Assessments.

Mental health assessments include looking at the many aspects of a person's life. From childhood to late adulthood, from environmental to current health picture, it is important to look at every aspect of life when completing an assessment for a challenging population.

Date: Wednesday December 2nd, 2009
Time: 10:00 AM – 12:30 PM
Presenter: Mary Westerhof R.N.



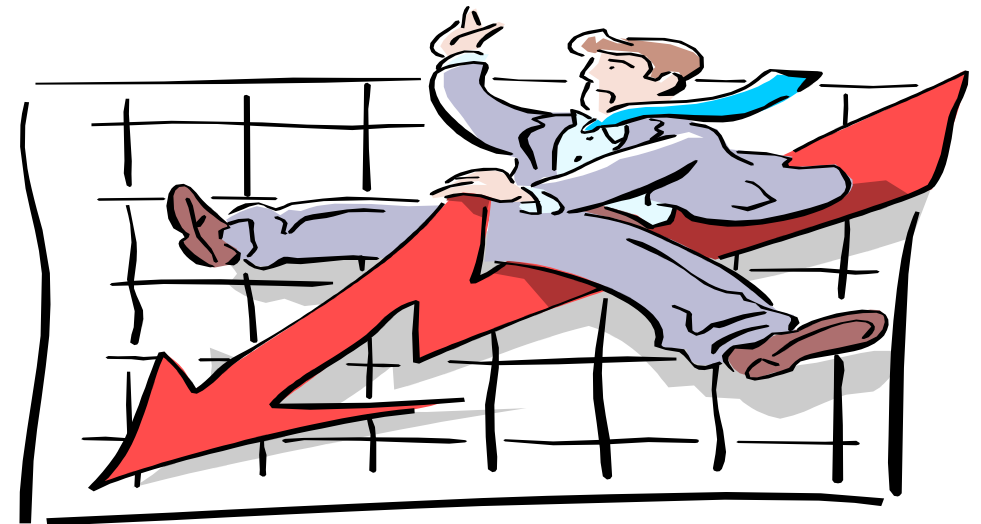
Registration Deadline: November 23rd, 2009

SEPTEMBER 2009

DATA COLLECTION: Fun with Numbers!

Darth Data: Data collection is a powerful tool used to identify problems and to create solutions. Far too often people slide to the dark side of this force, resulting in frustration, ineffective approaches, or worse. Learn how to avoid these pitfalls and unleash the light side of this force to create a better universe for everyone.

Date: Tuesday September 1st, 2008
Time: 10:00 AM – 12:30 PM
Presenter: Lisa Whittingham, BA (Hons)



Registration Deadline: August 21, 2009

OCTOBER 2009

DUAL DIAGNOSIS

This presentation will provide an overview of the compelling topic of dual diagnosis. It will highlight the historical context, key concepts and approaches to understanding and managing complex issues. Examples will illustrate how successes can bring benefits to clients, their caregivers and the whole team.

Date: Tuesday October 20th, 2009
Time: 10:00 AM – 12:30 PM
Presenter: Dr. Kerry Boyd MD, FRCP(C)



Registration Deadline: October 13th, 2009

NOVEMBER 2009

STRATEGIES FOR MANAGING DEPRESSION

According to the World Health Organization, depression affects 121 million people throughout the world, and is one of the most likely causes of disability. The World Health Organization has launched a public health companion as a method of reducing the treatment gap that exists from a global perspective. Consistent with this goal is this session's offering to review the signs and symptoms of the illness along with treatment options and the particular needs or challenges of persons with an intellectual disability.

Date: Tuesday November 3rd, 2009
Time: 10:00 AM – 12:30 PM
Presenter: Cathy McFarland, B.A. R.N. CPMHN

Registration Deadline: October 26th, 2009