

Behavioural Contract

This agreement between D. and Mom establishes the earning of the following privileges ("PRIVILEGES"):

1. A cell phone for personal use.
2. Taking the test for an Ontario G1 driver's licence.
3. Upon successful completion of #2 above, practising driving with Mom in large lots and other open spaces.
4. Upon demonstration of responsibility and skill with #3 above, as defined by Mom, taking driving lessons from an accredited driving school.

Effective Dates: From _____ to _____

D. agrees to:	MOM agrees to:
1 Refrain from taking a nap when he gets home from school on school days, or at any time during the day on weekends or holidays. ¹	Provide D. with one reminder per day that he should refrain from taking a nap.
2 Begin working on homework and/or studying no later than 4:15 p.m. each school day, without protest, argument, or complaint.	Provide D. with one reminder at 4:10 p.m. that he needs to begin working on homework and/or studying no later than 4:15 p.m., if he has not already done so.
3 Turn off the computer by 10:30 p.m. ² each night, without protest, argument, or complaint.	Provide D. with one reminder five minutes prior to shutdown time that he needs to turn off the computer, if he has not already done so.
4 Go to bed no later than 1:00 a.m. The honour system will be implemented for this. ³	Conduct unscheduled, random middle-of-the-night checks periodically to ensure the honour system is working.
5 Wake up and get out of bed by 8:00 a.m. on school days, and no later than 10:30 a.m. ⁴ on weekends and holidays, without protest, argument, or complaint.	Provide D. with one five-minute reminder at 7:55 a.m. on school days, and at 10:25 a.m. on weekends and holidays. This reminder will be followed by an alarm sounding at 8:00 a.m./10:30 a.m.

¹ Exceptions may be made on a case-by-case basis as determined by Mom.

² In the event that D. has a major project or upcoming exam, later shutdown time may be negotiated with Mom on a case-by-case basis.

³ D. may earn an extra 15 minutes of computer time, up to a maximum of 30 minutes, for each two-week period that he *consistently* complies with the 1:00 a.m. bedtime.

⁴ Exceptions may be made on a case-by-case basis as determined by Mom.

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| 6 | Review the terms and effectiveness of this contract with Mom at one-week intervals during the effective dates, at which point terms may be renegotiated and adjusted as necessary. | Review the terms and effectiveness of this contract with D. at one-week intervals during the effective dates, at which point terms may be renegotiated and adjusted as necessary. |
| 7 | | Upon successful completion of this contract, honour PRIVILEGES #1-4 as described above. Mom will then draw up a new contract with D. to outline terms of retaining PRIVILEGES. |

By signing this contract, both parties agree to comply with the terms set out above. Failure by either of the parties to comply with any of these terms will result in this contract being null and void.

Date

Date