

Applying Person Centered Principles

with individuals who present challenging behavior

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Agenda

1. Description of an individual and complex needs at hand
2. What are MAPS?
3. Background MAP
4. Themes

Agenda (cont'd)

5. Planning directions
6. Conclusion
7. Information on Person Centered Planning
8. Questions

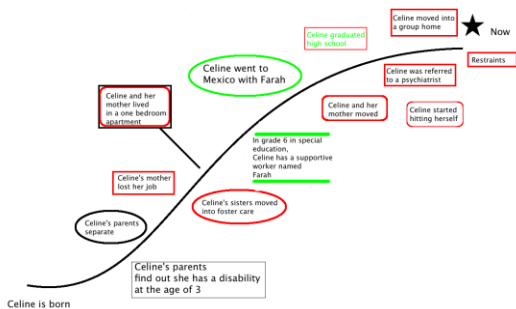
Celine

- 30yr old woman
- Lives in a group home
- Has an intellectual disability
- Suffered a brain injury
- Is hitting herself and others

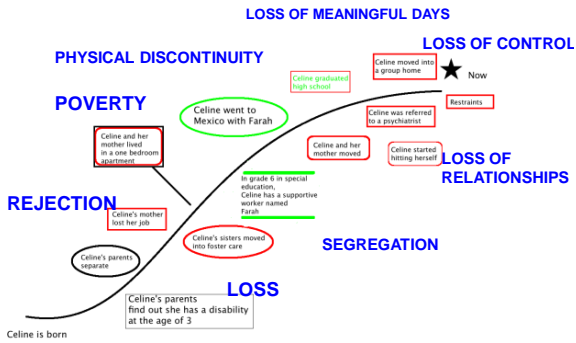
What are MAPS?

- Making Action Plans
- Person centered planning tool
- Help uncover talents and gifts
- Offer pathways to increasing quality of life

Background MAP



Themes



When Celine was not hitting herself and others, which factors were present?

- Farah/relationships
- Meaningful days
- Routine
- Control
- Development of interests
- Security

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First Steps

- Understanding the life events that have contributed to Celine's current needs.
- Assisting Celine in re-connecting with her sisters, with Farah, and with her friends from school
 - ◆ Using a relationship MAP.
- Ensuring that the interests Celine once had are brought back and built on.

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First Steps (cont'd)

- Opportunities for choice throughout the day are increased.
- Building relationships and trust with her support staff in her group home.

Conclusion

- MAPS as a tool to address challenging behaviors.
- Increasing understanding of the individual's needs.

Resources

- Valor Institute
<http://www.instvalor.ca/index.php?lang=fr>
- Inclusion Press – books, dvds, free downloads, and resources – info on annual Inclusion extravaganza in Toronto – Summer Institute
www.inclusion.com
- Helen Sanderson Associates: Excellent resource for ELP, Person Centered Planning, PC thinking, and many examples of one page profiles, including templates
www.helensandersonassociates.co.uk

Resources (cont'd)

- Beth Mount's websites – all things Personal Futures Planning
<http://www.bethmount.org/>
<http://www.capacityworks2.com/>
- The Learning Community: Great resource for many things, including presentations, exercises, and examples
<http://www.learningcommunity.us/>

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