



Housekeeping Items

- PLEASE have your VC on mute for the entire presentation
 - Question and answer period will be at the end of the session
 - Please refrain from sharing any personal/client stories as this session is being recorded
- If you have any personal issues you would like to discuss these can be addressed with your primary care professional
- Or
- If you have any client issues you would like to discuss these can be addressed with your local Health Care Facilitator



Community Networks of Specialized Care

DIABETES: FOR HEALTHCARE WORKERS + THE MENTAL HEALTH MODULE

CENTRAL WEST REGION in partnership with the Canadian Diabetes Association thank you for participating in today's education and training opportunity



Presenters

Sabrina Vertolli, RN, B.Sc.N, M.A. Ed., Health Care Facilitator
 Central West Network of Specialized Care

and

Lucy Florio, Public Programs and Services Coordinator
 Canadian Diabetes Association

May 14, 2013

COMMUNITY NETWORKS OF SPECIALIZED CARE

Establishment of Networks

The networks were established across the province by the Ministry of Community and Social Services (MCSS) as part of the transformation of Developmental Services.

***Context*

COMMUNITY NETWORKS OF SPECIALIZED CARE

Ontario
 MINISTRY OF COMMUNITY AND SOCIAL SERVICES
 MINISTÈRE DES SERVICES SOCIAUX ET COMMUNAUTAIRES

The province is split into 4 Community Networks of Specialized Care.

Central Ontario	Eastern Ontario	Northern	Southern Ontario

COMMUNITY NETWORKS OF SPECIALIZED CARE

CENTRAL ONTARIO

Community Network of Specialized Care is made up of three Regions:

Central East

Lead Agency is Community Living Huronia

Toronto

Lead Agency is Surrey Place Centre

Central West

Lead Agency is Central West Specialized Developmental Services



Central West Network of Specialized Care Service Area:

- Is made up of **five counties** in total:

Waterloo,
Wellington,
Dufferin,
Halton and
Peel.





A little bit about me

- Community Living of Mississauga (frontline)
- Nursing Degree
- Worked in various environments
- Masters in Adult Ed
- Most recently worked in Long-Term Care as a Clinical Nurse Specialist before coming back to the Developmental Service Sector as a Health Care Facilitator



A little bit about the Health Care Facilitator (HCF) role

- My mandate is to ensure that adults with developmental disabilities receive access to primary & preventative care.
- How do I do this? It is 2 fold
- I help people navigate across sectors (Health, Mental Health and the Developmental Service Sector) **AND**
- A large part of my role is building capacity (by increasing skill & knowledge) in health care professionals/service providers through a variety of knowledge transfer activities such as training, education and support.
- Currently they are 9 HCF across the province of Ontario



Why is the CW CNSC hosting today's event?

- Increase in referrals for diabetes education in the developmental service sector d/t staff turnover, changes in care needs and changes in medication regime

AND

- We are currently in a transformation period - how diabetes service are being accessed is changing

NEW: Central Intake Programs



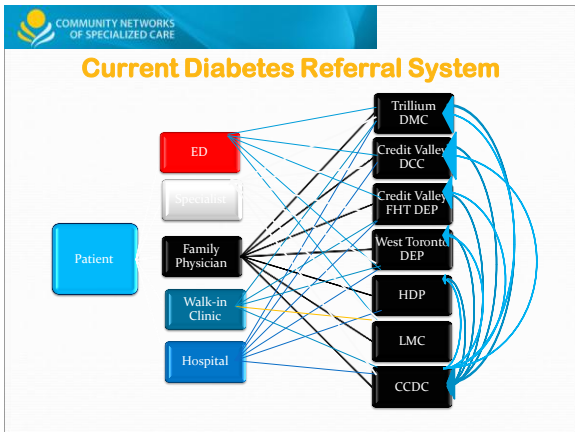
CIP Background

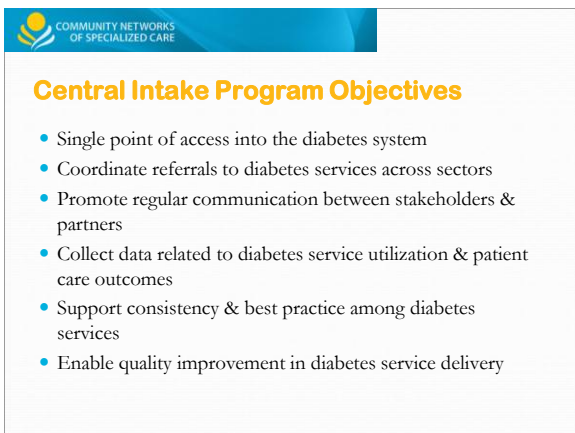
- A need was identified to
 - Reorganize and centralize the referral process for accessing diabetes services and
 - Common Referral Form
- Ministry of Health and Long Term Care (MOHLTC) approved separate Central Intake Program (CIP) funding for each Local Health Integration Network (LHINs)
 - Each LHINs will have their own CIP

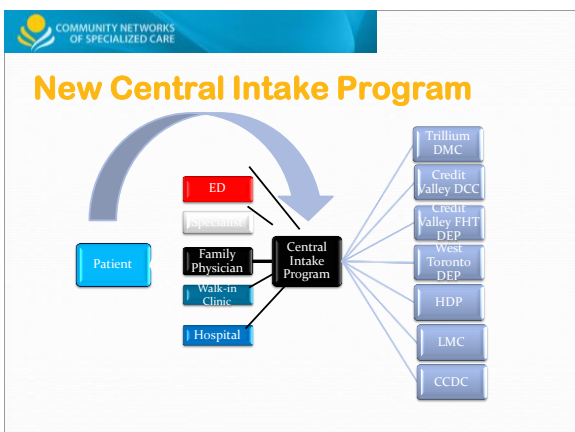


An overview of the issues that existed in the old referral model

- Duplication of services
- No tracking of patient flow
- Disconnect between primary care, speciality care and acute care services









Referral Management Process:

- All Referrals for diabetes services are sent to CIP
- Modes:** paper & fax, on-line website form, by phone
- Referrals will be triaged and routed to appropriate DEP by CIP
 - DEPs receives referrals from CIP and proceeds with appt setting and patient care as per organization protocol
 - DEP feedback will be shared with primary care providers & CIP at appointed timeframes



CIP roll out plan

1. Endocrinologists [pilot]
 2. Family Health Teams (FHT)
 3. Primary Care & Community Sector
- They will be accepting referrals from the DS sector beginning in late summer 2013



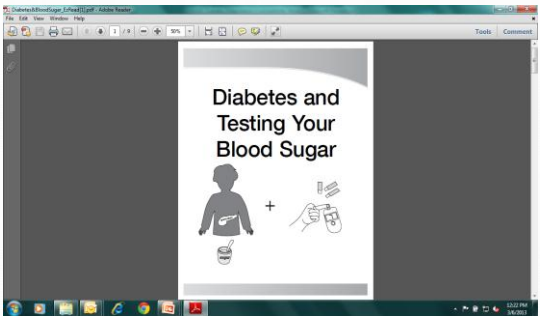
Lucy Florio, Public Programs and Services Coordinator
 Canadian Diabetes Association
 Central South Region
 1685 Main St. W., Hamilton, ON L8S 1G5
 (P) 905-540-2512 (F) 905-528-1263
lucy.florio@diabetes.ca

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Diabetes Specific Resources

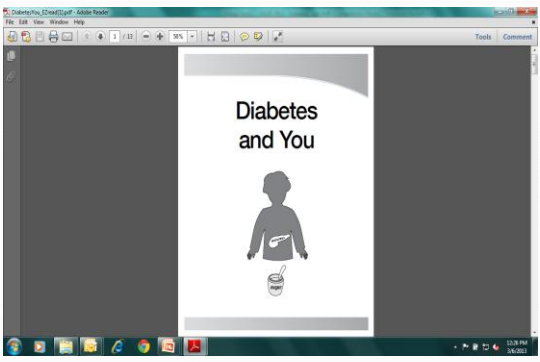
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© Aphasia Institute 2010: EZ Read Resources

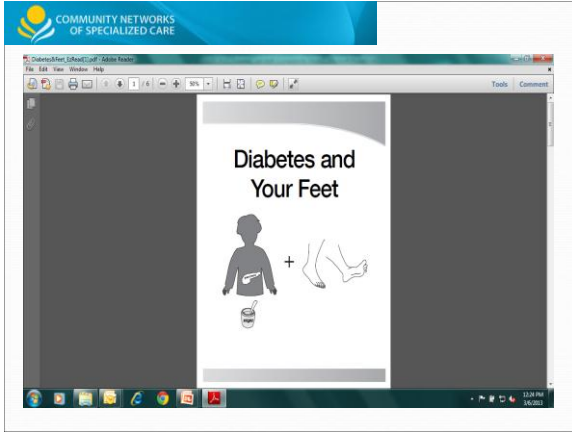


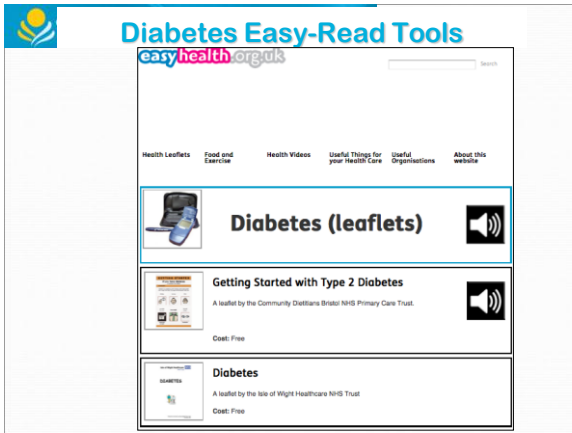
Diabetes and Testing Your Blood Sugar

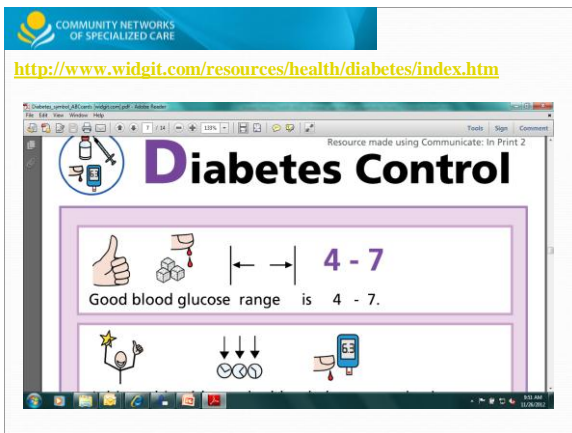
COMMUNITY NETWORKS OF SPECIALIZED CARE

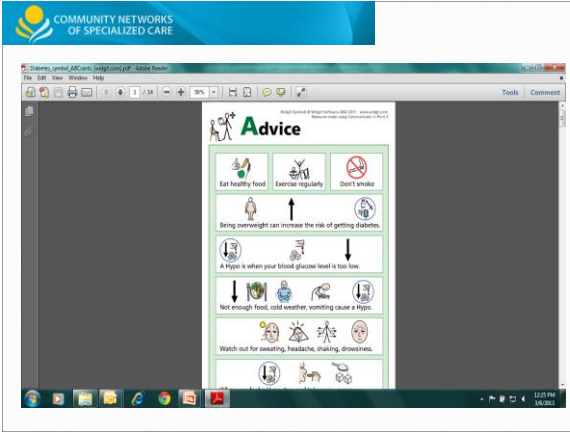


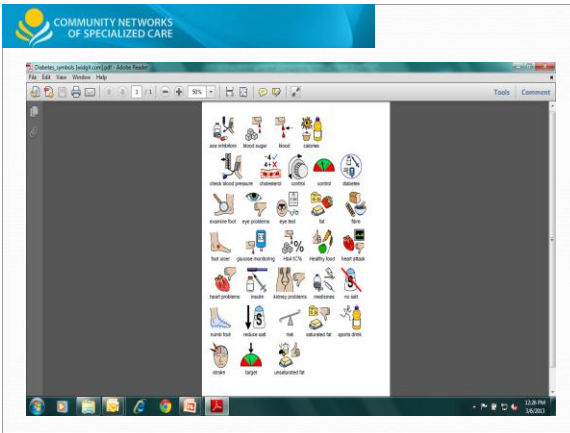
Diabetes and You

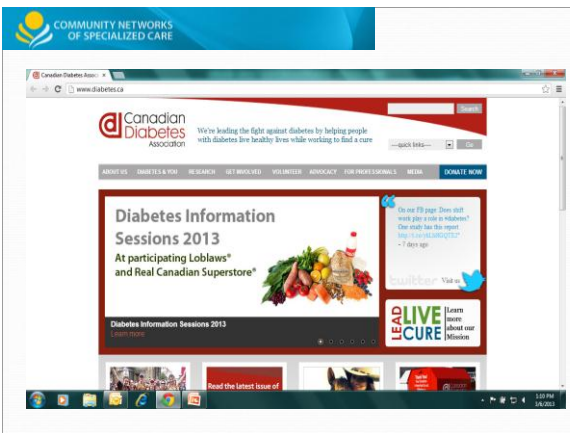












COMMUNITY NETWORKS OF SPECIALIZED CARE

Canadian Diabetes Association

The screenshot shows a web browser window displaying the 'Just the Basics' page from the Canadian Diabetes Association. The page title is 'Just the Basics: Tips for healthy eating, activity, prevention and management.pdf'. The content includes a section titled 'CPG Just the Basics' with a list of tips for people with or at risk of developing diabetes. The tips are organized into two columns: 'TIPS' and 'ADDITIONAL'. The 'TIPS' column includes: 'Eat the right amount of food', 'Eat a variety of foods', 'Choose healthy fats', 'Choose healthy carbohydrates', 'Choose healthy proteins', 'Choose healthy beverages', 'Choose healthy snacks', and 'Choose healthy oils'. The 'ADDITIONAL' column includes: 'Choose healthy fats', 'Choose healthy carbohydrates', 'Choose healthy proteins', 'Choose healthy beverages', and 'Choose healthy oils'. The page also features a search bar and a 'Connect' button.

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The screenshot shows the homepage of EatRight Ontario. The website features a navigation menu with 'Home', 'About Us', 'EatRight Ontario FAQs', and 'eNewsletter Sign up'. A prominent banner for 'Type 2 diabetes and healthy eating' is displayed, along with a call to action: 'Do you have questions about nutrition and healthy eating? Call toll-free to speak with a Registered Dietitian.' The website also includes a search bar and a 'Connect' button.

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Additional RESOURCES for supporting clients with developmental disabilities (DD)

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DD Best Practice Guidelines

http://www.surreyplace.on.ca/Primary-Care/Pages/Tools-for-primary-care-providers.aspx



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http://aadmd.org/



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http://www.nioc.ca/virtual_learning/program-development-practice



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Health Booklet Series

<http://www.surreyplace.on.ca/Clients-Corner/Pages/Health-Booklet-Series.aspx>

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Key Learning's

3 Things you have learned

2 Things that surprised you &

1 Thing you are going to do with this information.

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Factors that would make a client with a dual diagnosis more susceptible to diabetes are

- Diet (access and \$)
- Inactivity or limited activity
- Medications
- Mental health diagnosis



- Please complete the evaluation form for this education session
- Try scanning in the QR code on the flyer with your phone to be directed straight to the survey

- We have 2 other sessions this month on a variety of diabetes topics – Please join us for all
- For more info pls check the Network on-line education calendar (www.community-networks.ca) or speak with your VC coordinator



Provincial Health Care Facilitators

Region	Name	E-mail
Northern		
	Camille Bigras	cbrigras@handstfhn.ca
	Laura McCauley	lmccauley@handstfhn.ca
Southern		
	Tom Archer	tarcher@bethesaservices.com
	Deb Lawrence	dlawrence@wgh.on.ca
Eastern		
	Theresa Broda	tbroda@solution-s.ca
	Carole Leveille	cleveille@ongwanada.com
Central		
Toronto	Angela Gonzales	Angela.Gonzales@SurreyPlace.on.ca
West	Sabrina Vertolli	svertolli@cwdsds.ca
East	Bev Vaillancourt	bvaillancourt@elhamidland.on.ca



Thank You!
