Suggested Bibliography for Bereavement and Grief


*Easthope, T.  Seasons of the Heart


*denotes Canadian publication
Some Recommended Videos

1. A River Runs Through It
2. By The Water of Babylon - series of natural scenes w/poetry and spiritual citations, equating a pilgrimage; narrated by Dr. James Miller; slow moving, depicting the 4 experiences of absence, aloneness, silence and mystery
3. Invincible Summer - pictorial of nature, 4 seasons; good intro and for discussion; narrative, music background; Re: general loss
4. Land Before Time - cartoon for children of all ages
5. Living With Grief After Sudden Loss
6. Shadowlands
7. Shipping News
8. Sleepless in Seattle
9. Step-Mom
10. The Lion King - cartoon for children of all ages
11. The Fall of Freddie the Leaf - Leo Buscaglia’s children's book made into video (Re: The Meaning of Life) - chamber music accompaniment (violin Concerto - Mozart, Schubert)
12. 'Till Death Do Us Part - Intro by speakers; interviews of several widows/widowers and on different aspects of their grief; good example of spousal loss; Canadian content
13. We Will Remember - pictorial, of nature, elements; good intro; repetitive use of "remember" by narrator James Miller; Re: general loss

Other Resources

Grieving Children at the Season's Centre - Barrie, Ontario
www.grievingchildren.com
1-705-737-LOVE (5683)
1-705-737-KIDS (5437)

Center for Loss - Fort Collins, Colorado
Alan Wolfelt, Director
(970) 226-6050
www.centerforloss.com

The Grief Recovery Institute - St. Williams, Ontario
Eric J. Cline, Director
www.grief.net
(519) 586-8825

Bereaved Families of Ontario
1-800-969-6904 or your local chapter

The Canadian Center for Bereavement Education & Grief Counselling
416-926-0905
www.caregiver.on.ca