

Relationships – Uncharted Territory  
Kerry's Place Autism Services  
Winter 2014

1. What would you want if you were travelling in unfamiliar territory?
  - a. Maps
  - b. Guide
  - c. Understanding of inhabitants
  - d. Others
2. For many, relationships are uncharted territory . . . and many don't understand what healthy relationships look like
  - a. What does that mean "healthy relationships?"
  - b. What are Boundaries?
  - c. Who needs to understand about this?
    - i. Individual
    - ii. Care providers
    - iii. Community
3. What we need to understand relationships:
  - a. Tools
  - b. Skills
  - c. Goals
  - d. Appropriate social conduct
4. What are some social goals?
  - a. Define some types of relationships
  - b. What are some stumbling blocks?
5. Why is it important to do this?
6. What makes this difficult?
  - a. Messages from the media
  - b. Confusion about content
  - c. Embarrassment
7. What makes this possible?
  - a. Early start
  - b. Immersion
  - c. Taking advantage of learning opportunities
  - d. Understanding facets of learning
8. What are the facets that support this?

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- a. Emotional aspects
- b. Social aspects – privacy
- c. Friendships
  - i. Characteristics of a good relationship
  - ii. Conversation skills
  - iii. Social intelligence
- d. Attitudes and values
- e. Physical aspects
  - i. Changes of adolescence
  - ii. Progression of a dating relationship
- f. Spiritual aspects