Challenging Behaviours in Persons with Developmental Disabilities:

The Whole Person Approach

RESOURCES

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How to submit your Feedback about today's session?

Survey Monkey questionnaire

- ✓ QR matrix bar code on handout; OR
- ✓ Survey Monkey web link on handout: https://www.surveymonkey.com/s/March7_2013
- ✓ Community Networks website to access survey link: www.community-networks.ca

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Guidelines & Tools Relevant to this Tutorial

- Guideline 2: Etiology of DD is often helpful in preventative care & treatment
  - Tool: Genetic Assessment FAQ
  - Tool: Health Watch Tables
  - Tool: Today's Visit
- Guideline 4: Pain/distress often unrecognized may present atypically especially in those with communication problems

  New Tools:
  - Caregiver Health Assessment
  - BM monitoring
  - Menses monitoring
  - Sleep chart

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- Guideline 7: Capacity for voluntary & informed consent can vary between individuals and within the same individual depending on a variety of factors
  - Tool: Informed Consent in Adults with DD
- Guideline 9: Interdisciplinary health care is effective in addressing complex needs of adults with DD
  - Tool: Community resources (Ontario)
- Guideline 10: Physical inactivity & obesity are prevalent and associated with increased morbidity / mortality
  - New Tool: Wt chart

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- Guideline 22: Behaviour such as aggression and self injury is not a psychiatric disorder and may be indicative of a health related or psychosocial problem (e.g. problem with supports)
  - Tool: Guide to Understanding Behavioural Problems and Emotional Concerns
  - Tool: ABC Chart
  - New Tools (see previous slide)
- Guideline 26: Interventions other than medication are usually effective in alleviating/preventing problem behaviours
- Guideline 27: Psychotropic medications are effective for robust psychiatric diagnoses
  - Tool: Psychotropic Medication Issues
  - Tool: Auditing Psychotropic Medication Therapy

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Bio (Medical)	Psycho(logical)	Social/Env
No FMHx of DD *No known psych disorders* *Hx gout* *Hx frequent ear infections* *Hypothyroidism* *List of Rx, also consider SE!* *Wide gait* *Poor muscle tone* *Sporadic drooling* *Gradual weight gain (BMI)* *Water/Coke intake?* *Donut intake?* *Constipation* *Mood swings X few months* *Currently sleep is poor*	*DD- Mild to moderate range* *SIB: head-banging, skin-picking, onychotillomania!* *Aggressions to others* *Destruction of property* *Verbal but poor historian* *Very friendly* *Engaging w/ examiner* *"hand-clasp/self-hug"* *"Center of attention"* *Enjoys one-to-one attention* *"Tasmanian Devil" behaviour!* *Aggression: lasts "for hours"* *Charges laid for aggression: comprehension?* ***Currently sleep is poor***	*24/7 group home* *Mother died last yr (used to visit bi-weekly)* *Sisters visit q.1-2 months* *Two roommates* *Shares staff for 6 hours otherwise has 1:1 time* *Multiple staff changes X 2yrs* *Schedule is flexible now: outings, chores, shopping* *Treats for good behaviour: Coke/Donut intake?* *Trouble with the Law now* *Currently sleep is poor*

Resource Weblinks:

Health Watch tables for several genetic syndromes & other tools from the Canadian Consensus Guidelines developed at Surrey Place in Ontario, Canada:

- Canadian Consensus Guidelines for Primary Care of Adults with Developmental Disabilities and the companion Tool Kit

http://www.surreyplace.on.ca/Primary-Care/Pages/Home.aspx

Resource Weblinks: Genetics

- Parents and Researchers interested in Smith-Magenis Syndrome (PRISMS, USA): http://www.prisms.org
- Geneclinics: http://www.ncbi.nlm.nih.gov/sites/GeneTests (see: Gene Reviews)
- Your Genes, Your Health: http://www.ygyh.org/
- Online Mendelian Inheritance in Man: http://www.ncbi.nlm.nih.gov/omim?db=omim

Resource Weblinks: Genetics

- Genetics Education Center, University of Kansas Medical Center: http://www.kumc.edu/gec/support/
- The Family Village: http://www.familyvillage.wisc.edu/

Resource Weblinks: Genetics

Genetics Website in English, French, Spanish, German, Italian & Portuguese!

- Orphanet: http://www.orpha.net/consor/cgi-bin/index.php

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- Arron K., Oliver C., Moss J., Berg K. Burbidge C. *The prevalence and phenomenology of self-injurious and aggressive behaviour in genetic syndromes.* Journal of Intellectual Disability Research. 55(2):109-20, 2011 Feb.

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- Elsea, SH, Girirajan, S. *Smith–Magenis syndrome*. European Journal of Human Genetics, 16(4): 412-421, 2008 Jan 30. http://www.nature.com/ejhg/journal/v16/n4/full/5202009a.html

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