

Priority Community Referral (PCR) How To Sheet

What is a PCR document? The PCR document has been developed to establish a protocol for community agencies to advocate for a psychiatric admission to the Niagara Health System.

Instructions on completing PCR:

Step 1 Complete *Contact Information* section (If at shelter list NFA and shelter name in brackets)

Step 2 Complete *Reason for Referral* section

	Description	What to Include
Danger to Self	This section mainly focuses on individuals that are at risk for suicide or severe bodily harm to themselves.	<ul style="list-style-type: none"> ● Plan for suicide: date, time, place ● Means for suicide: has access to carry out plan ● Intent: has the goal of suicide ● History: if client has attempted suicide previously <p><i>E.g: Client has a suicide plan for Monday Jan. 1st, 2015 with the plan to die by overdose with his prescribed medications which he has at his home. Client attempted suicide two years ago by attempting to overdose.</i></p>
Danger to Others	This section mainly focuses on individual's intent to cause serious harm to another individual.	<ul style="list-style-type: none"> ● Plan for violence: date, time, place ● Means for violence: access to weapons ● Target: direct threat ● History: if client has been violent previously <p><i>E.g: Client has concrete thoughts of stabbing his ex-girlfriend and has a history of being physically abusive towards her. Client reported using a butcher knife to follow through with his plan.</i></p>
Unable to care for self	This section mainly focuses on individual's inability to properly care for themselves due to mental health impairment that places themselves or others at risk.	<ul style="list-style-type: none"> ● Significant weight loss ● Not eating and/or no food in the home ● Unable to care for medical needs ● Not taking medications ● Suspected delirium (confusion/wandering etc) ● Lack of insight into risk <p><i>E.g: Client unable to care for medical needs (inject insulin to manage diabetes) due to his lack of insight/deteriorating mental health. He has lost 30 lbs in last 2 months and stopped taking psychiatric medications 3 months ago.</i></p>
Other	This section is to add any other information impacting risk to the individual and/or others.	<ul style="list-style-type: none"> ● Other things you may want to include: homeless, hoarding, substance misuse, hallucinations/delusions, any change in behaviour/symptoms you observe. <p><i>E.g: Client uses marijuana 3x/day, and has visual hallucinations seeing "black ninjas". Was evicted 1 week ago due to causing disturbances because of his mental health. Currently NFA and no personal or professional supports.</i></p>

Step 3 Complete *Medications, Pharmacy, and Risk Factors To Be Considered Before Discharge* sections.
(Eg of risk factors: No running water/heat at home, hoarding medications to overdose etc)

Step 4 Complete *Referral Source and Other Agency Involvement* sections.
*Referral source will receive discharge information from NHS. It is the responsibility of the referral source to update any other agencies involved if necessary.

**Complete form and fax to
PERT 905-704-4755**