

 Hands  
TheFamilyHelpNetwork.ca

 Mains  
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 COMMUNITY NETWORKS  
OF SPECIALIZED CARE  
RESEAUX COMMUNAUTAIRES  
DE SOINS SPECIALISES  
NORTH/NORD

## We Might Surprise You

Rights Based Supports  
That Enhance an Individualized  
Approach to Service

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**January 18, 2016**

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## Videoconference Event ID: 50363444

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### OTN Service Desk: 1-866-454-6861

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## Handouts on CNSC website

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<http://www.community-networks.ca/en/vchandouts>

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## How to submit your Feedback about today's session

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Survey Monkey Questionnaire  
Quick Response Code:



Survey Monkey web link:

<https://www.surveymonkey.com/r/JAN-18-2015-Rights>

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## We Might Surprise You

- **Beverly Phippen** – Self Advocate, North Bay
- **Stephanie Haskins** – Self Advocate, North Bay
- **Lynn Ingram** – Self Advocate, Elliot Lake
- **Kassidy Carnevale-Meecham** – Manager, Quality Assurance, Community Living North Bay
- **Dawne Wyers** – DSW, B.A. Disabilities Studies - Specialized Residential Services Planner, Dev Clinical Services, Health Sciences North, Sudbury

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## **Learning Outcomes**

Learners will:

1. Appreciate what it means to advocate for one's rights
2. Explain why more work needs to be done to promote the rights of the people we support
3. Identify strategies to create a culture of rights in our respective organizations

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## Shannon Lake



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## Why Rights Based Supports?

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## QAM Requirements

Each agency must have:

- Statement of Rights that is based on respect and dignity of the person

Agencies must provide:

- Orientation to mission, principles and rights for the person, to their staff, volunteers and board members
- Annual Refresher on the mission, principles and rights with persons with disabilities, staff and volunteers
- Conduct an annual review of the policies, mission and rights with your board of directors (Quality Assurance Measures Training, 2015)

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### Rights-Based Supports

- Human Rights are rooted in the recognition of the inherent dignity and equal worth of all human beings, regardless of their social background, gender, age, religion, health status, sexual orientation or other status.
- Every person is equally entitled to the fundamental rights enshrined in the Universal Declaration of Human Rights (1948).

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### Rights-Based Supports

- Ontario's *Human Rights Code*, the first in Canada, was enacted in 1962.
- The *Canadian Charter of Rights and Freedoms* was signed into law by Queen Elizabeth II of Canada on April 17, 1982.
- The *UN Convention on the Rights of Persons with Disabilities (CRPD)* was adopted by the UN general assembly on December 13, 2006.

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### Community Living Algoma Bill of Rights

- **Respect**  
Respect my ability to make my own choices and decisions. We can disagree but be nice about it. Say sorry when you are wrong.
- **Self-Advocacy**  
To be the person I am and choose to be. To know and understand my rights and options and have my choices respected.
- **To Be Heard**  
To speak for myself and be heard. To get the help I need to communicate.
- **Privacy**  
To decide what privacy means to me. Locks on my door  
My own keys  
Reading my own mail or having it read  
Knock on my door  
My own space to be alone  
Not touching my things unless I say it is ok  
To use the phone in private  
Right to sexual intimacy
- **Choosing Supports**  
To choose when and how I am supported and who supports me.
- **Living**  
To choose where I live, who lives with me and who visits my home.
- **Relationships**  
To spend time with whom I want.
- **Work**  
To explore and choose what type of job works best for me.
- **Money**  
To be in control of my money and to decide how I spend it.
- **Free Time**  
To choose what I want to do with my free time.
- **My Information**  
To know and decide what personal information is kept and who sees it.

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**Bill of Rights**

- 1) The Right to be Safe
- 2) The Right to Dream
- 3) The Right to Relationships
- 4) The Right to Privacy
- 5) The Right to say No
- 6) The Right to make Decisions
- 7) The Right to Respectful Support
- 8) The Right to Grow
- 9) The Right to Self-Advocacy
- 10) The Right to Risk
- 11) The Right to Access
- 12) The Right to be Proud of who I am
- 13) The Right to put myself first
- 14) The Right to Love and Be Loved
- 15) The Right to be Human - Not Perfect
- 16) The Right to Feel
- 17) The Right to Change a Situation
- 18) The Right to Freedom
- 19) The Right to be Treated as an Equal
- 20) The Right to Citizenship

**Proudly Supported By:**



COMMUNITY LIVING  
North Bay  
*Inspiring Possibilities*



INTÉGRATION  
COMMUNAUTAIRE  
North Bay  
*Inspirant des possibilités*

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## Rights-Based Supports

### Why They Matter

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## Early History

Person with disabilities being wheeled in large wheel barrel



Drawing of idiot box. People with disabilities in a large barred cage. Well dressed people looking in.



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### The Eugenics Movement



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What year do you think the Sexual Sterilization Act was repealed in Alberta?

- A. 1945
- B. 1962
- C. 1972
- D. 1995

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### The Eugenics Movement

- Can you think of any treatments, interventions or social programs which could be considered eugenics in 2016?

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### Life in the Institutions



The main building at Huronia Regional Centre (HRC) in Orillia

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**When did the first institution for people with developmental disabilities open in Ontario?**

- A. 1752
- B. 1876
- C. 1908
- D. 1977

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**At the peak, in 1974, how many people were existing in these institutions?**

- A. 1,000
- B. 3,000
- C. 10,000
- D. 13,000

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**When did the last institution close in Ontario?**

- A. 1985
- B. 1998
- C. 2001
- D. 2009

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**History at Huronia Regional Centre**



Countless men in various states of dress wandering or lying on the floor of a day room at HRC



Adult men lying in a row of countless crib beds

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Image of men's living unit at HRC. Men are making beds and moving about with hardly enough room to move.

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### Question

- How would you like it if your rights were taken away or restricted just because you were different?

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### The Apology

- Delivered by Ontario Premier Kathleen Wynne in the Legislature on Monday, December 9, 2013

*“Over a period of generations, and under various governments, too many of these men, women, children and their families were deeply harmed and continue to bear the scars and the consequences of this time”.*

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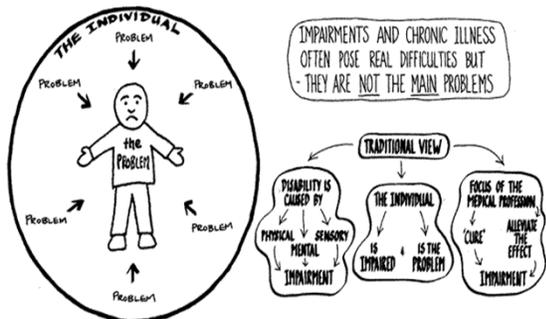
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### THE MEDICAL MODEL OF DISABILITY



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What is the message of this cartoon?



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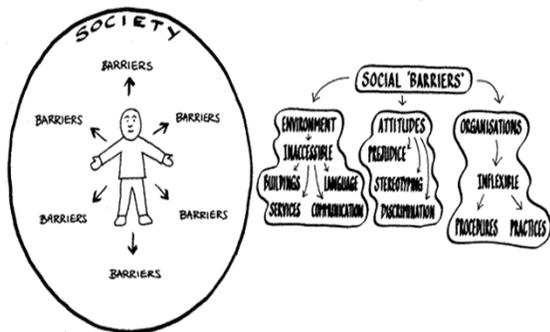
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### THE SOCIAL MODEL OF DISABILITY



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How many people or systems were involved with getting you here to this presentation?

- A. 0-5
- B. 6-10
- C. 11-15
- D. 15-20
- E. More?

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*“With disability justice, we want to move away from the **“myth of independence,”** that everyone can and should be able to do everything on their own.*

*I am fighting for an **interdependence** that embraces need and tells the truth: **no one does it on their own** and the myth of independence is just that, a myth”*  
*(Mingus, 2010).*

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**Strategies to Create a Culture of Rights**

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**Small steps count!**

Don't get discouraged.

Start where it seems most relevant and most feasible for your program or organization.

Don't tackle it all at once.

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### Let people make mistakes

- I was on my way home when the bus driver missed my stop on the bus. I actually had fun – got to look at the Christmas lights the whole way!
- It is okay to make a mistake. I learned I am safe, I am okay. Other people were so worried about it.

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### Involve People with Disabilities in Decision Making (big and small)

- Help people learn how to voice their opinion
- Listen to people – you might not always agree with what they are saying
- It's okay to disagree – its okay for people to stand up for themselves.
- Listen to body language – especially with people who are non verbal – people may be bubbly one day and then slouchy the next day.
- Self-advocate groups

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### Trust Your Creativity

- Come up with simple and creative solutions that contribute to strengthening the rights of people with disabilities, rather than looking for a silver bullet that might use up too many resources.

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### **Involve Your Leadership**

- Ask the leadership of your organization to serve as an example for disability inclusion from the top.
  - Meaningful board appointments, mentorship programs, advisory groups, employ people with disabilities within the organization.

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### **Celebrate Your Success**

- Help change attitudes towards people with disabilities by sharing the positive experiences you had through implementing inclusion activities.

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### **Bev's Job**

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### Question

What are some strategies your organization is using to create a culture of Rights-Based Supports?

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### One last thought...

Its not just enough to write down people's rights and talk about them.

**People need to be able to exercise them!**

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### Resources

- A human rights-based approach to disability in development [http://www.cbm.org/article/downloads/54741/A\\_human\\_rights-based\\_approach\\_to\\_disability\\_in\\_development.pdf](http://www.cbm.org/article/downloads/54741/A_human_rights-based_approach_to_disability_in_development.pdf)
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