

The Community Networks of Specialized Care (CNSC) & La Ressource invite you to a *Network Collaborative in Education*, via Videoconference (VC) in BlueJeans Network



Care, Support, and Treatment of People with a Developmental Disability and Challenging Behaviours

Consensus Guideline 28: Supporting People Showing Sexually Inappropriate Behaviour

SESSION DESCRIPTION

The *Consensus Guidelines for Best Practices*, developed in 2016 by the Community Networks of Specialized Care, represent essential elements that guide Ontario's developmental services providers when the people they support show behaviours that seem to indicate distress. The CNSC is pleased to offer this 3rd event, focusing on Guideline 28, **Supporting People Showing Sexually Inappropriate Behaviour**. *Presenters will provide a general education about this topic.

Some individuals with a developmental disability sometimes show inappropriate sexualized behaviour, or more rarely, commit sexual offences. It is important to explore the wide variety of factors that could have led to such behaviours or offenses. Some of these factors could include a lack of education, lack of adapted supports for sexual fulfillment, and at times, a caregiver's refusal to acknowledge that sexuality is a basic human right. Case studies will be presented to highlight key themes.

LEARNING OUTCOMES

Participants will be able to:

1. Familiarize themselves with the *Consensus Guidelines: Care, Support and Treatment of People with a Developmental Disability and Challenging Behaviours*
2. Identify if their own bias/or negative feelings will be a barrier to supporting a person with inappropriate sexual behaviour
3. Understand that people with disabilities have the right to healthy sexual relationships and that education on issues of consent must be provided.
4. Recognize that sexually inappropriate behaviour may be due to a wide variety of biological, psychological and social factors. Proactive strategies will be shared.
5. Identify when a situation requires higher level involvement and how to engage clinical support and treatment when necessary.

PRESENTERS

Michele Burns, Peel Behavioural Services

Dr. Virginie Cobigo, University of Ottawa

Natasha Plourde, University of Ottawa

Angie Nethercott, HANDS TheFamilyHelpNetwork.ca

Christa Outhwaite-Salmon, MacKenzie Health

Deborah Richards, DS Consulting & Pelham Psychotherapy

THIS EVENT IS INTENDED TO PROVIDE AN INTRODUCTORY UNDERSTANDING FOR:

Front line Direct Support Professionals and Managers in developmental services, health, mental health, crisis, hospital and justice sectors.

HANDOUTS: will be available 3-5 days prior to the session at www.community-networks.ca

See Consensus Guidelines at

<http://www.community-networks.ca/services/care-support-and-treatment/>

Thursday, December 14, 2017

10:00 – 12:00 Eastern • 9:00 – 11:00 Central

This event will be delivered via BlueJeans Network

To Join from a computer or other smart device: <https://bluejeans.com/659820979>

To connect a room-based VC system: use remote to dial bjn.vc -or-199.48.152.152

Meeting ID: 659 820 979

*Note: this session will be recorded for future training purposes

For further information about this event,
please contact your Regional CNSC Videoconference Coordinator:

East: Eastern Ontario Network of Specialized Care: Lisa Cotman lcotman@ongwanada.com
North: Rosanne Stein • rstein@handstfhn.ca **South:** Heather Prescott • hprescott@wgh.on.ca
Central: Louise Spicer • lspicer@chlmidland.on.ca OR Tony Gougeon • tgougeon@chlmidland.on.ca

PRESENTER BIOGRAPHIES

Michele Burns, B.Sc., has been working for Peel Behavioural Services for the past 30 years. During this time she has worked with a variety of individuals along with their mediators in addressing the behavioural challenges that they face. For the past 23 years, Michelle has focused on working with individuals with intellectual disabilities who engage in sexually offending behaviour. She supervises the treatment program provided to three 24/7 homes along with a community sexuality program. She is the co-author of the guidebook—*Intellectual Disability and Problems in Sexual Behaviour*.

Dr Virginie Cobigo leads research that aims to support evidence-based practices and policies in the field of intellectual and developmental disabilities. She is an Associate Professor in the School of Psychology at the University of Ottawa, Research chair in Children and Youth Mental Health at CHEO and Director of the Centre for Research on Educational and Community Services.

Natasha Plourde, B.Sc. (Hons) is a Ph.D. candidate in Experimental Psychology at the University of Ottawa, under the supervision of Prof. Virginie Cobigo. Her doctoral thesis is a participatory action research with collaboration between academics and community members, including service users, direct support staff, family caregivers, researchers and policy makers. This thesis aims to generate insight on translating research evidence into practice change to better support the sexuality of persons with intellectual and developmental disabilities in community-based service agencies.

Angie Nethercott, M.A., is a Registered Psychotherapist who has worked as the Senior Behaviour Consultant with the North Community Network of Specialized Care at Hands TheFamilyHelpNetwork.ca for the past nine years specializing in the area of sexuality and persons with developmental disabilities. Angie's role is to provide: clinical consultation to clinicians across Northern Ontario, socio-sexual and risk assessments, treatment, and public education. Prior to her current position, Angie worked for the Centre for Behaviour Health Sciences as a Behaviour Consultant and Coordinator of the Sexuality Clinic for seventeen years providing assessment and treatment of children and adults with developmental disabilities engaging in sexually concerning and sexual offending behaviours. Angie is a published author, and has presented at a number of national and international conferences, including the Association for the Treatment of Sexual Abusers and the National Association for Dual Diagnosis. Angie is the co-editor of The International Journal for Direct Support Professionals, as well as Executive Functioning – A Newsletter for Senior Leadership in Organizations Providing Human Services.

Christa Outhwaite-Salmon has worked as the Central East Educator/ Behaviour Therapist with the Centre for Behaviour Health Sciences Program for the Assessment and Treatment for Healthy Sexuality (P.A.T.H.S.) since 2003, specializing in the area of assessment and treatment of sexually abusive behaviours and persons with intellectual disabilities. Christa's position of educator was designed to build capacity and skill, among fellow Behavioural Therapists and community agencies across the Region, in the assessment and treatment of sexual offenders with intellectual disabilities. This is attained through providing clinical consultation, training and workshops, socio-sexual and risk assessments, public education, and conducting research. Christa has presented at a number of national and international conferences. She has a B.A. (Hons) degree in Criminology with a concentration in Psychology and is currently completing a Masters of Social Work through the University of Windsor.

Deborah Richards holds a Master of Arts in Counselling Psychology and a Bachelor of Arts in Disability Studies, in addition to a Graduate Certificate in Habilitative Mental Health. She is the Co-clinician of a unique Sexual Behaviours Clinic in Southern Ontario specific to people with intellectual disabilities and mental health needs. In her private practice, she assesses and treats individuals who have forensic related issues. She is a strong advocate of human rights, in particular sexual rights. She has published on consent to treatment, sexuality and relationships, and the ethics of treatment. She is an international speaker and author.