Who?

- □ 40 yr old female with cerebral palsy
- Developmental disability
- Legally Blind >wears corrective lenses
- Ambulatory
- >requires walker/wheelchair for transportation
- □ Lives in a <supported> residential setting

Referral

Referred by Residential Supervisor for:

- Self injurious behaviour
- □ Physical & verbal aggression
- Non compliance



Community Behavioural Services

- □ Complete & review consents
 > client
 > family
- ≽ agency (witness)
- □ Review C.B.S service provision
 - > Short term/1 yr involvement > Mediator model
 - Consultation model with agency
- □ Complete a functional assessment > A-B-C data collection > File review > Informant interviews

 - Direct observations



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A-B-C data collection **SETTING EVENTS**: gives context to the behaviour

A = ANTECEDENT :events occurring immediately before the behaviour

B = BEHAVIOUR

C= CONSEQUENCE: events that follow behaviour actions/Reactions of the person responding to the behaviour

A-B-C data collection

SETTING EVENTS: gives context to the behaviour

> illness
> medication changes
> lack of sleep
> pain, discomfort

- unstructured time the environment
- A = ANTECEDENT : events occurring immediately before the behaviour
 > transition
 > a request is made
 > demand settings
 > non preferred activities
 > asked to wait, told no
- **B = BEHAVIOUR**

C= CONSEQUENCE: events that follow behaviour

> actions/Reactions of the person responding to the behaviour

> redirection, ignoring, loss of privileges, attention, allowed to escape the situation, zero baseline

Changing Antecedents can decrease Challenging Behaviour

Functional Assessment Considerations (informant interviews/direct observations)

- Attributions about behaviour
- Personalizing attributions
- Client perceptions

Responses & reactions can maintain challenging behaviour

Ongwanada 2

BioPsychoSocial Approach

Understands behaviour does not occur in isolation

- Looks at behaviour in the context of the person and their interactions with their environment
- Considers all contributing factors that influence/trigger challenging behaviour that are beyond the control of the client
- Helps to identify supports and alter the conditions that influence externalized behaviour



BioPsychoSocial Approach

Bior sychosocial Approach		
BIOLOGICAL	PSYCHOLOGICAL	SOCIAL
Dx	Personality	Housing
Psychiatric & medical	Coping skills	Relationships
Neurological factors	Developmental level	Support: access to services
Medication	Learning ability/style	Meaningful activities
Pain/illness	Communication Ability	Autonomy/choice/control
Physiological •Vision •Hearing •Sleep	Social skills (deficits/strengths) Frustration tolerance	Community Participation Likes/dislikes
•Diet •Exercise	(short fuse/anger) Behaviour Phenotypes	



□ Dx





Medications



 \square PMS



Ongwanada 3

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BioPsychoSocial Approach

- Personality
- Developmental level
- ▶ Communication ability



- ▶ Coping skills
- ▶ Social skills

BioPsychoSocial Approach

- > Community residential home
- Family supports/visits
- Community volunteer
- Day programming



BioPsychoSocial Approach

Positive behavioural change occurs...



when there is a thorough understanding of the individual



when we modify/adapt the environment to best support the individual



when we change the way that we interact with that individual



when we stop trying to change the individual

Ongwanada