Preference Profile

Name: ____________________ Date of Birth: ____________________ Date: ________ Completed By: _____________________

List likes and dislikes and list if they are “Must have” things or “No Way” things for the individual. Foods, toys/objects, activities and sensory items are important considerations.

Updated: _________________

<table>
<thead>
<tr>
<th>Likes</th>
<th>Must Haves</th>
<th>Dislikes</th>
<th>No Ways</th>
<th>What Calms</th>
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Adapted by Geneva Centre for Autism (2009) and the Autism Program, Center for Development and Disability, University of New Mexico (2000), from the Indiana Resource Center for Autism, Indiana University.
Things to Consider When Completing the Preference Profile (Professional Version)

- This form is meant to be completed from the perspective of the individual with an ASD. Whenever possible include the person in this process.

- "Likes" are positive reinforcers for the individual. List as many as possible to ensure that there are many identified motivators to utilize. In addition, if you have the information, it can be helpful to indicate with stars how powerful the reinforcer is. For example: karaoke ***, looking at maps **, having a cup of coffee *m watching a video clip of a public transit system ***, etc.

- "Must Haves" are activities, items, foods, or people that are essential from the individual's perspective. There could be "obsessional" interests on this list that require planned or controlled access in some situations. These should be listed and any specific comments can be added on this side of the form.

- The "Dislikes" list should include any activities, foods, items or people that the individual does not like, refuses, or tries to avoid. Again, using the star system (1 * for mild dislike, 3 *** for strong dislike) to rate the intensity of the dislike is useful if you have the information.

- The "No Ways" list should include things that absolutely should not be done with the individual at this time. It could be things that cause extreme reactive behaviour (running away, aggression, etc.) or things that will interfere with your relationship building with the person. For example, if you know that Social Stories™ were tried in the past with this individual and, for whatever reason, this caused a strong negative reaction from the person then it is important to note this information.

- The "What Calms" list should include any items, activities, physical sensations or people that currently have a calming effect for the individual. Some of these items may be deemed "inappropriate" or dangerous but should be listed to aid in the selection of possible replacement activities that can serve the same purpose.

Additional Comments: ______________________________________________________________
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